

# Emergency First: Aid At Work

If your risk assessment indicates that first aid training covering emergency protocol only, is sufficient for your workplace, this one-day course will help you meet your regulatory requirements.

## Certificated One Day Course

Certificate which is valid for three years



### Who should attend?

This course is designed for people who want to receive training in emergency first aid and is especially suited for small groups and charities who should have a qualified first aider on site when delivering projects.



Cost £40.00

**9<sup>th</sup> April 2018 @ 10am - 5.00pm**

**Venue: ASKI @ the Hub**

**33 Brigstock Road, Thornton Heath CR7 7JJ**



### What you will learn?

*The content of this course provides basic life saving first aid and workplace health and safety regulations, covering the following:*

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| <b>The role of the first aider</b>       | <b>Fainting</b>                                    |
| <b>Managing an emergency</b>             | <b>Health &amp; safety (first aid) regulations</b> |
| <b>Communication &amp; casualty care</b> | <b>Resuscitation (adult CPR)</b>                   |
| <b>Bleeding (minor and severe)</b>       | <b>Seizures (adult)</b>                            |
| <b>Burns</b>                             | <b>Shock</b>                                       |
| <b>Choking (adult)</b>                   | <b>Unconscious casualty</b>                        |