

Summary of Government guidance issued on 11 May 2020

Staying alert and safe (social distancing)

The following summarises the government guidance. ***Bold italic shows key changes or considerations for Croydon Council.***

Lifting of lock down restrictions will be dependent on successfully controlling the spread of the virus

Stay at home

- People should stay home apart from
 - For work, where you cannot work from home
 - Going to shops that are allowed to open
 - Exercise, or from 13 May, ***to spend time outdoors for recreation***
 - Any medical need, donate blood, avoid injury/illness, escape risk of harm provide help to vulnerable person, access other critical public services
- Children can move between parents households were they live apart
- You can also attend the funeral of a close family member, or member of your household
- Places of worship should remain closed to the public
- It is still not permitted to leave your house to visit friends and family in their home. Guidance on how this can be achieved safely will follow in the coming weeks.

Going to work

- Where you cannot work from home, you should travel to work where your workplace is open, including voluntary or charitable services
- Unless specifically required to close (see list below), the government has not required any other businesses to close to the public. It is important for business to carry on.

Staying safe outside your home

- Keep your distance from people outside your household.
 - Avoid being face to face with people if they are outside your household – stay side to side, rather than facing
 - Walk or cycle wherever possible
 - Avoid crowds: avoid peak travel times on public transport, avoid staff being gathered together by allowing the use of more entrances and exits, and staggering work times
- ***If you can, wear a face covering when in enclosed space where social distancing is not possible*** (e.g. public transport, some shops)
 - It won't protect you, but may stop asymptomatic people spreading the virus
 - This is not the same as a PPE mask, which should be protected for key workers
 - Wash hands before putting on and after taking off
- Keep your hands and face as clean as possible; avoid touching your face
- Work from home if you can. Employers should support reasonable adjustments that enable people to work from home
- ***Reduce the number of people you spend time with in a work setting***, with employers supporting:
 - Change shift patterns
 - Split into smaller, contained teams

- Wash clothes regularly, as the virus can stay on fabrics for a few days. Changing clothes at work should only be considered where there is a high risk of infection or vulnerable people (e.g. care home)
- Keep indoor places well ventilated, open windows, set ventilation systems to maximise air flow rate
- Follow guidance issued by your employer, who has a duty to assess and manage risks to your safety in the workplace (guidance for employers and businesses was last updated on 7 April according to gov.uk)

Vulnerable residents

- **Shielded residents are advised to continue to keep safe by staying at home** and avoiding all contact with others expect for medical treatment or support.
- People that are particularly vulnerable should continue to take particular care to minimise contact with others outside their household

Businesses and venues

- Restaurants, cafes (other than takeaway), pubs, cinemas, theatres, nightclubs, clothing and electrical stores, hair, beauty and nail salons, outdoor and indoor non-food markets, libraries, community centres, youth centres, leisure facilities, playgrounds and outdoor gyms, places of worship, must remain closed
- From Wednesday 13 May the following can open
 - Food retailers
 - Food markets
 - Hardware stores
 - **Garden centres**
 - **Outdoor sports facilities** (e.g. tennis and basketball courts, golf courses, bowling greens) – but only to be used alone, with members of your household, **or with one other person from outside your household whilst keeping 2 metres apart at all times**

Visiting public places / public gatherings

- You can exercise outside as often as you wish
- From Wednesday 13 May, you can also
 - **Sit and rest outside**
 - Exercise or recreation can be alone, with members of your household, **or with one other person from outside your household whilst keeping 2 metres apart at all times**
 - **Drive to outdoor publicly accessible open spaces irrespective of distance. You should not go to ticketed outdoor leisure venues.**
- Gatherings of more than 2 people are prohibited, except:
 - Where people live together
 - Where essential for work purposes

Enforcement

- **Government is introducing higher fines for those who do not comply. From Wednesday 13 May:**
 - **FPN for £100 (reduced to £50 if paid within 14 days)**
 - **FPN for £200 if previous received FPN**
 - **Amount will double for each further repeat offence, up to maximum £3,200**