



Parenting Programmes 2019/2020

Please note that venues and dates may be subject to change depending on referral numbers



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TRIPLE P 0-12

A strength-based, 8 week parenting programme to provide parents with a number of practical strategies, which will enhance their confidence in managing their child/ren's behaviour. This programme is aimed at parents and carers of children aged 0-12 years of age.

Need to know

Parents/Carers are asked to attend a one to one 'Meet and Greet' session in week 1

Triple P sessions are a combination of face to face group support and phone consultations

Dates	Day	Time	Venue
14 October 2019 – 16 December 2019 (No session on 21/10/2020, due to half-term)	Monday	9.30am - 11.30am	Winterbourne Children's Centre Winterbourne Road, CR7 7QT <i>Crèche provided ages 0-5</i>
18 September 2019 – 13 November 2019	Wednesday	9.30am - 11.30am	Winterbourne Infant school Winterbourne Road CR7 7QT
17 September 2019 – 12 November 2019	Tuesday	9.30am - 11.30am	Kingsley Primary school Thomson Crescent, CR0 3JT
14 November 2019 – 9 January 2020	Thursday	12.30pm - 2.30pm	Shirley Children's Centre 34 Lilac Gardens, CR0 8NR <i>Crèche provided ages 0-5</i>
9 September 2019 - 4 November 2019	Monday	12.30pm - 2.30pm	Fairchildes Children's Centre Fairchildes Avenue, CR0 0AH <i>Crèche provided ages 0-5</i>
13 January 2020 – 9 March 2020	Monday	9.30am - 11.30am	Winterbourne Children's Centre Winterbourne Road, CR7 7QT <i>Crèche provided ages 0-5</i>
January 2020 – March 2020	Tuesday	9.30am – 11.30am	Venue to be confirmed
24 January 2020 - 27 March 2020	Friday	12.30pm - 2.30pm	Aerodrome Children's Centre Violet Lane CR0 4HL <i>Crèche provided ages 0-5</i>

Dates	Day	Time	Venue
15 January 2020 – 11 March 2020	Wednesday	10am - 12 noon	Byron Children's Centre St David's (off Stoneyfield Road) Coulsdon, CR5 2XE <i>Crèche provided ages 0-5</i>
24 April 2020 - 19 June 2020	Friday	12.30pm - 2.30pm	Winterbourne Children's Centre Winterbourne Road, CR7 7QT <i>Crèche provided ages 0-5</i>
April 2020 – June 2020	Monday & Tuesday	10 – 12 noon	Venue to be confirmed
7 May 2020 – 9 July 2020 (No session on 28/05/2020, due to half-term)	Thursday	12.30pm - 2.30pm	Shirley Children's Centre 34 Lilac Gardens, CR0 8NR <i>Crèche provided ages 0-5</i>
8 May 2020 – 10 July 2020 (No session on 29/05/2020, due to half-term)	Friday	10am - 12 noon	Purley Oaks Children's Centre Bynes Road, CR2 0PZ <i>Crèche provided ages 0-5</i>
6 May 2020 – 8 July 2020 (No session on 27/05/2019, due to half-term)	Wednesday	5pm - 7pm	Overbury South Locality Hub Overbury Crescent, CR0 0LR

TEEN TRIPLE P

A strength-based 8 week parenting programme to provide parents with a number of practical strategies; with an aim to enhance their confidence in managing their child's behaviour. This group is aimed at parents and carers of teenagers aged 13-18.

Need to know

Parents are asked to attend a one to one 'Meet and Greet' session in week 1

Triple P sessions are a combination of face to face group support and phone consultations.

Dates	Day	Time	Venue
22 October 2019 – 17 December 2019	Tuesday	5pm - 7pm	Winterbourne North locality hub 28 Winterbourne Road, CR7 7QT
10 September 2019 – 5 November 2019	Tuesday	9.30am - 11.30am	Saffron Valley PRU 279 High Street, CR0 1QH
11 September 2019 – 6 November 2019	Wednesday	10am - 12 noon	Heathfield House Coombe Lane CR0 5RH
13 January 2020 – 10 March 2020	Monday	10am - 12 noon	Samuel Coleridge Taylor Centre 194 Selhurst Road, SE25 6XX
15 January 2020 – 11 March 2020	Wednesday	12.45pm - 2.45pm	Saffron Valley PRU 279 High Street, CR0 1QH
28 January 2020 – 31 March 2020 (No session on 08/02/2020, due to half-term)	Tuesday	5pm - 7pm	Overbury South Locality Hub Overbury Crescent, CR0 0LR
14 January 2020 – 10 March 2020	Tuesday	9.30am – 11.30am	Venue to be confirmed
5 May 2020 – 7 July 2020	Tuesday	5pm - 7pm	Samuel Coleridge Taylor Centre 194 Selhurst Road, SE25 6XX
21 April 2020 – 16 June 2020	Tuesday	10am - 12 noon	Turnaround Centre 51-55 South End, CR0 1BF
28 April 2020 – 23 June 2020	Tuesday	5pm - 7pm	Overbury South Locality Hub Overbury Crescent, CR0 0LR

MELLOW PARENTS (MOTHERS)

A 14-week group intervention, to promote secure attachments that aid a child's development. The intervention also explores a parents' own experience of being parented and the importance of parental mental health. This group is open to mothers of children aged 0-3, with children attending sessions alongside their mothers.

NB:

Please note that group facilitators will meet with parents (one to one), prior to the start of the programme, so the closing date for referrals is two weeks prior to the start date of the group.

Dates	Day	Time	Venue
12 September 2019 – 19 December 2019 (No session on 24/10/2019, due to half-term)	Thursday	9.30am - 2.30pm	Winterbourne Children's Centre Winterbourne Road CR7 7QT <i>Crèche provided ages 0-3</i>
23 January 2019 – 14 May 2019 (No sessions on 20/02/2020, 09/04/2020 and 16/04/2020 due to half-term and public holidays)	Thursday	10am - 3pm	Woodlands Children's Centre Gilbert Scott Primary School Farnborough Avenue. CR2 8HD Crèche provided ages 0-3
23 April 2020 – 30 July 2020 (No session on 28/05/2020, due to half-term)	Thursday	10am - 3pm	Malling Close Children's Centre Malling Close, CR0 7YD Crèche provided ages 0-3

Mellow Parents for fathers to be developed

MELLOW BUMPS

A 6-week group intervention for mothers-to-be at 20-30 weeks gestation. The intervention aims to promote early attachment, support child development and to prepare mothers-to-be for the birth of their baby.

Dates	Day	Time	Venue
October 2019 – November 2019 February 2020 – March 2020 May 2020 – June 2020	TBC	TBC	Croydon University hospital 530 London Road CR7 7YE

Referral Process	
Internal Referrals E.g. Children’s Social Care, Early Help	External Referrals <i>E.g. health professionals, Early Years settings, schools, third sector agencies & self-referrals</i>
Referrals can be made by raising a Service Request on CRS or EHM, which is accessed via the ‘Forms’ section.	Referrals by professionals or self-referrals to the service can be made via Croydon’s Single Point of Contact (SPOC) by submitting a completed Multi-Agency Referral form (MARF) to childreferrals@croydon.gov.uk or by completing the form online at: https://my.croydon.gov.uk/MashReferrals?qWname=New&qServiceRef=ChildReferral

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