



Ability to Change

"We pride ourselves in providing a specialist support service to empower disadvantaged individuals,
by enabling them to transform their lives and their future"

Accommodating

| Supporting

| Empowering

| Reintegrating

Who We Are

Ability to Change is a registered Charity founded in 2015, based in the London Borough of Croydon.

We provide a specialist support service that reduces the impact of homelessness and social disadvantage, through the provision of our wraparound support service.

Over the last several years we have developed an exceptional team of Trustees, skilled and fully trained staff and volunteers, whom have over 20 years of experience working in the charitable sector.

We are passionate about supporting and empowering people who are deemed to be disadvantaged, isolated and vulnerable. These individuals may also be struggling with further education, seeking employment or in trouble with the law.

What We Do

Ability to Change accommodate, support, empower and reintegrate individuals who have demonstrated the motivation to change their offending behaviour.

As well as providing accommodation, we also provide on-going support to ensure a holistic approach for positive integration.

We work closely with our service users to enable them to develop independence and confidence, to make better choices, and to steer away from crime and move on positively in their lives.

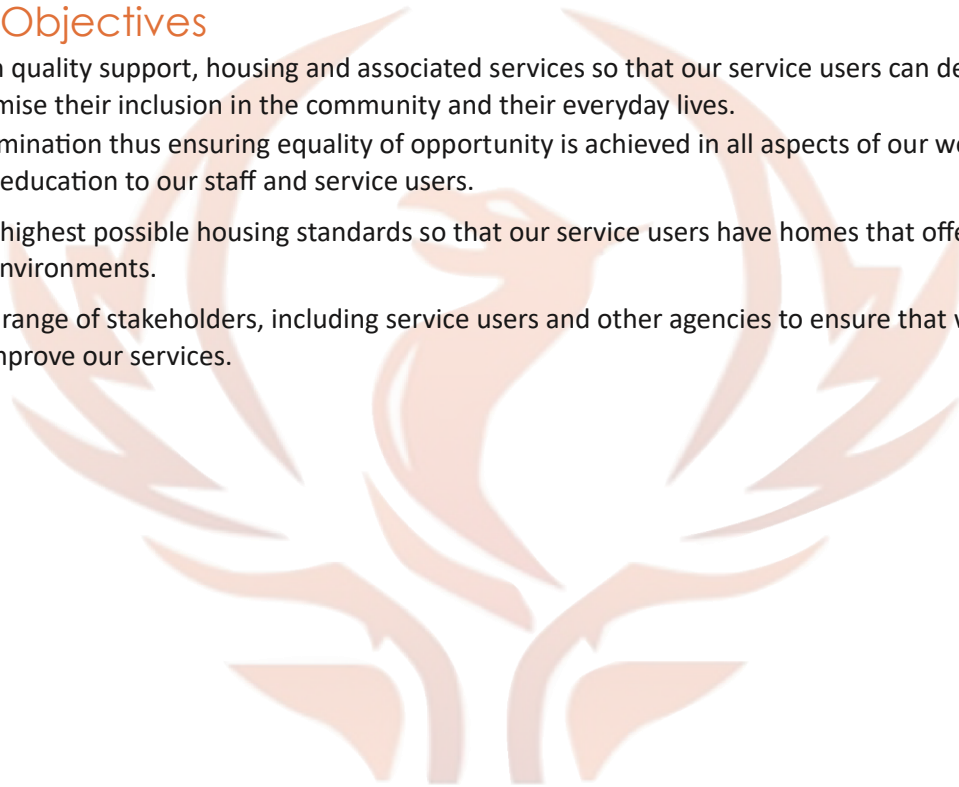
Who We Work With

Our Partners Are:

- London Borough of Croydon
- CGL
- CAYSH
- CRISIS
- Job Centre
- St Giles Trust
- St Mungo's
- Prince's Trust
- Optimum Focus Company Ltd
- Big Lottery Fund
- ASKI
- JTJ Work Place Solutions
- Local schools
- HMP Prisons

Our Aims And Objectives

- To provide high quality support, housing and associated services so that our service users can develop their independence to maximise their inclusion in the community and their everyday lives.
- To tackle discrimination thus ensuring equality of opportunity is achieved in all aspects of our work, providing support, guidance and education to our staff and service users.
- To provide the highest possible housing standards so that our service users have homes that offers them secure, safe and comfortable environments.
- To work with a range of stakeholders, including service users and other agencies to ensure that we continually evaluate, reflect and improve our services.



What Do We Offer

Our work is based on individually tailored support plans for every service user underpinned by a framework of equal opportunities, anti-discrimination and mutual respect. We work holistically and by linking service users in with appropriate community resources and services. We address a range of support needs, which include:

- Sustaining a tenancy
- Improving life skills, e.g. communication, budgeting, cooking, nutrition etc
- Benefits advice
- Reducing the risk of offending through our counselling and mentoring programme.
- Advocacy and legal advice
- Links to other agencies including St Mungo's, Groundwork, Croydon Works, etc
- Access to other specialist services, including legal advice, substance misuse services
- Increasing levels of independence
- One-to-one coaching
- Finding work / training / constructive activities
- Moving on into long term accommodation
- Follow-up support is provided when the service user moves on

We strongly believe in the importance of engaging in opportunities that will create a lifestyle to reduce the likelihood of reoffending. Our skilled team of staff and volunteers will work alongside service users to encourage and identify their aspirations. We also work proactively with local employers to create opportunities for both voluntary and paid work.

We have several single sex shared properties, all of which are fully furnished offering a high level of privacy, security and comfort, situated in the London Borough of Croydon.

Who Do We Support

- Males over 18 years of age
- Single homeless, without dependent children
- Involved within the criminal justice system
- In need of housing and support with no legal right to be housed by the Local Authority
- With low to medium support needs, which prevent them from living independently
- In need of support and willing to co-operate with Ability to Change staff and their referring Support Workers
- Applicants who have misused drugs or alcohol
- Must NOT have a history of Arson or Sex Offences
- UK & EU Resident with verifiable ID
- In receipt of or eligible for UC

We operate a referral process that includes two key stages:

- Initial referral and assessment
- Interview with support staff

Please refer to our website for more information:

www.abilitytochange.org.uk

Service User Testimonials...



Raheem:

“Seriously, thank you so much for the length you lot have gone to, to help me. I’ve really never had this level of help before. Honestly, I couldn’t ask for anything more than the support you have shown me. **Ability to Change also provided me with counselling and designated me my own coach mentor**, to guide me when I would sometimes stray off path. Thank you for that.”

Throughout Raheem’s time with ATC, he has gained his Levels 1 and **Maths and English**. He is currently undertaking **Diploma in Electrical Installation and Gas**. He also passed his driving test with a sponsorship he received from Optimum Focus.



Jordan

“The same day I came out of prison, Ability to Change **gave me a home to live in**, they were very helpful in every way. Since I’ve been with them I have managed to keep out of trouble and stay away from bad company. With their support, they helped me to build a stable step for myself that I can expand on.”

Jordan is currently attending his **BTS National Railway course**.



Glen: “I arrived at ATC literally with just the clothes on my back. ***I had nothing***, and I was in a bad place that no one should be in. They applied for my birth certificate and provisional driving licence. They gave me a place to stay, which for me was home. Through being with them ***I gained my independence and confidence***. Best of all I’m now ***living in my own place and have a steady job!***”

Through his time with ATC, he has gained a **CSCS card**, completed his **PTS National Railway** course, which allowed him to have a **career** in construction.

Our Partners Testimonials

“I have to say I really have nothing but positive things to say about the service. Looking across the board Ability to Change has outstanding statistics in regard to positive outcomes for the clients. People are lucky to get a place within the service”
LB Croydon. SNAP Team

“Very refreshing to see great resettlement results like this. In a whole year, I have only managed to place three people into proper placements on the day of release and ATC, two of them have been with your service and this is thanks to your flexible approach.” **St Mungo’s, HMP Highpoint**

Ability to Change

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