

# We are Age UK Croydon

September 2023







- Previously known as Age Concern Croydon
- 2010: became Age UK Croydon, brand partner of national Age UK . Independent charity. Raise own funds.

•Main funders:



•Support nearly 4,000 clients a year.

### Our vision

Our vision is a Croydon where everyone can love later life.

### **Our mission**

To reach, involve, support and connect people so that they can age well in Croydon

#### What we do

We offer a holistic solution for older people to access services in one place.





## Age UK Croydon

# Age UK Croydon: A Guide To Our Services





#### Information and Advice

We provide independent, impartial, and confidential information and advice. <u>landA@ageukcroydon.org.uk</u>



Personal Independence Coordinators Helping people to identify their own goals, regain independence and live the life they want to live. croydonpic@nhs.net



Live Love Later Life Enhancing health and wellbeing of people living in Croydon care homes. healthierlifestyles@ageukcroydon.org.uk



Healthsmart Health and wellbeing health hubs across the borough healthierlifestyles@ageukcroydon.org.uk



**Personal Safety and Falls Prevention** Reduce the risk of falls at home by arranging aids and home adaptations. <u>personalsafetyproject@ageukcroydon.org.uk</u>



#### Activities and Events Regular activities and events for older people to socialise and have fun. aukc@ageukcroydon.org.uk



#### Memory Tree Café

A safe environment for people living with dementia and their families and carers.

memorytreecafe@ageukcroydon.org.uk

Volunteer with us! volunteering@ageukcroydon.org.uk

020 8686 0066 / <u>aukc@ageukcroydon.org.uk</u> / www.ageukcroydon.org.uk

## Impact: Games and Chat Activity Attendee, Angela Stewart

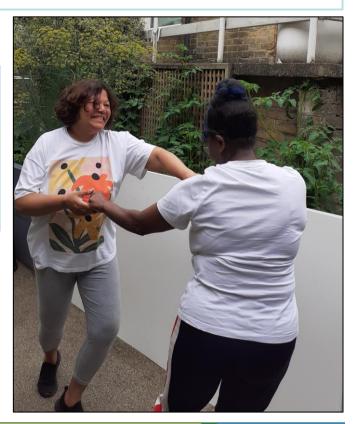




"I have **met so many new friends** there. We all just look forward to Fridays. Sometimes we make and bring home-made cakes and biscuits, we have gone out in small groups up the road for lunch after the club."

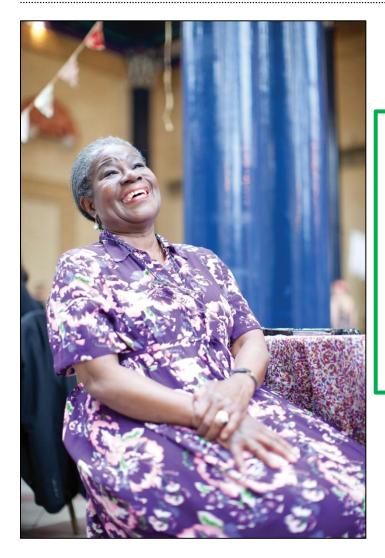
"A very large part is the volunteers and staff everyone makes us feel **so safe and welcome**"

"I am always talking and sharing with friends and family, the atmosphere is very **warm and friendly**"



### **Get involved**





# 020 8686 0066 aukc@ageukcroydon.org.uk www.ageuk.org.uk/Croydon/



