

## Croydon North East Local Community Partnership - Co-creating the Community Plan

By July 2024, fourteen 'Local Community Partnership' events had been held in Croydon North East (which includes Crystal Palace South, Upper Norwood, Thornton Heath & South Norwood communities) involving people and communities, including; 201 Voluntary and Community Sector staff from 135 different Voluntary and Community Sector organisations.

Many of the phenomenal local assets in the area have been celebrated, the most valuable of which is the local people. A locally owned Community Plan has been initiated with input from 393 individuals living and working in the locality. For notes from previous meetings see the Locality Webpage: [Local Community Partnerships - Croydon Voluntary Action \(cvalive.org.uk\)](http://cvalive.org.uk)

Community Plans go beyond identifying need by taking an outcomes focused approach that identifies gaps. This Community Plan is live and evolving in the sense that key partners are working on actions that can be taken forward and making recommendations when further resource is needed.

Priorities for Croydon North East have been summarised in the table below:

### Community Plan for Croydon North East, October 2024

|   | <b>Key themes &amp; Outcomes</b>  | <b>Co-production in design &amp; delivery</b>  | <b>Current Activity</b>  | <b>Evidence base</b>   | <b>Alignment</b>  | <b>Filling the gaps -What needs to happen</b> |
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| 1 | Community Hubs<br><br><i>Healthy, safe and well-connected neighbourhoods and communities*</i> | His Grace involved 12 partners and 1500 residents in co-designing 'His Grace Community Hub'<br><br>Ongoing community engagement needed | 'His Grace Community Hub' provides wrap around support incl: advocacy and healthy-eating, Safe Space Café for young people and a Chill Zone to support better mental health, alongside the existing Food Bank every Friday<br><br><i>Link to full list of activities at His Grace</i><br><br>Tuesdays 13.00- 15.00, Safe Space Cafe<br>Tuesdays 12.00- 13.00, Chill Zone Sat | Upshot- quarterly monitoring reports to OCA<br>quantitative (incl. SMART outcomes data) and qualitative (incl. change stories) | Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 3)*<br><br><i>'Our Community Hubs offer holistic support to our communities.. and are a place</i> | Sustain 'His Grace' for community use         |

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|   | <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>  | <p>Ongoing interconnection with stakeholders incl. VCOs and NHS</p> <p>More work needed with GPs/SPLWs/Health professionals to enable effective co-production</p>   | <p>11.00- 13.30 Contact: Pastor Bola, <a href="mailto:info@hisgrace-evangelicaloutreach.co.uk">info@hisgrace-evangelicaloutreach.co.uk</a></p> <p>Strengthen other Community Hubs incl:<br/>         South Norwood Community Kitchen<br/>         Samuel Coleridge-Taylor Centre<br/>         The Stanley Arts<br/>         St John the Evangelist<br/>         Waterside Centre<br/>         The Victory Club<br/>         Holy Innocents Church<br/>         Salvation Army<br/>         Church of the Good Shepherd</p>  | <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p>   | <p><i>for our residents to meet and connect with others.'</i></p> <p>Croydon Council adopted NDTI Community Led Support Resource Wheel incl:<br/>         'Strength based conversations'<br/>         -ASC<br/>         Transformation Plan, Newtons</p>  | <p>Identify and enable other Community Hubs</p> <p>Community Building and Facilitation needed in the North East</p>   |
| 2 | <p>Young people</p> <p>Supporting our children, young people and families*</p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p> | <p>LCP North East Survey to identify what support they want</p> <p>Reaching Higher's survey</p> <p>South Norwood police foot patrol with youth groups Feb. '24</p> <p>More engagement with young people</p> | <p>Youth- led activities: 'Community Hub at His Grace ' includes: Safe Space Café Reaching Higher's 'After school activities 10-18 year olds' youth cafe, leadership workshops, basketball club, youth club incl. free nutritional food at community venues such as Socca Cheeta and Samuel Coleridge Taylor Support for young people to keep themselves safe</p> <p>Access to physical and mental wellbeing activities <a href="#">Link to list</a></p> <p>Police and young people<br/>         - police engagement but not just when something is wrong. <i>Cuppa with a Copper</i> helps build relationships with the local Police</p> | <p>Upshot- quarterly monitoring reports to OCA as above</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> | <p>Joint Local Health &amp; Wellbeing Strategic Plan 2024/29 (Priority 4)*</p> <p><i>'9,041 7-to-16 year olds were estimated to have a probable mental disorder in Croydon (Mental Health of Children and Young People in England Survey, 2023'</i></p> <p>Croydon young people and families plan 2020/24</p> | <p>PREVENTION:<br/>         - incr. youth-led activities incl. lunch time and after school clubs<br/>         - help to identify skills<br/>         - mental health First Aid for teens<br/>         - volunteer/work opportunities needed</p> <p>Sustain/create spaces for young people, network of sanctuaries to "hang out"<br/>         -incl. The MERKY Foundation</p> <p>Education/activities enabling young people to "feel safe"<br/>         - Safe Haven's project (NA Pathfinder's) to be adopted</p> |

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|   |   | and the police needed such as a Listening Assembly  | <p>‘Croydon Model of Provision’ (Reedham/CVA Youth Investment Fund) Schools/Colleges connect to mentoring, sports, arts, environmental activities<br/> <a href="mailto:Steve.Phaure@cvalive.org.uk">Steve.Phaure@cvalive.org.uk</a> or <a href="mailto:Sarah.Smart@Reedham.co.uk">Sarah.Smart@Reedham.co.uk</a></p> <p>Education, training and employment<br/> Music Relief and Noo Thinking training</p>   |  |  | <ul style="list-style-type: none"> <li>- digital health</li> <li>- street lighting &amp; more police</li> </ul> <p>‘At risk’ included incl. NFA, carers, care leavers and challenging behavior</p> <ul style="list-style-type: none"> <li>- Interventions needed</li> </ul> <p>Learning from innovative activities to be shared</p> <p>More young people training and career support needed</p>       |
| 3 | <p>Mental health &amp; wellbeing</p> <p><i>Good mental health and wellbeing for all*</i></p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p> | <p>Lead partners incl: Mind in Croydon, Croydon Drop In, Off the Record and The BME Forum have inputted through the LCPs</p> <p>H&amp;WB survey of His Grace and Reaching Higher participants is underway</p> | <p>Croydon Mental Health Alliance (CMHA) coordinating and aligning community responses to critical mental health issues contact, <a href="mailto:steve.phaure@cvalive.org.uk">steve.phaure@cvalive.org.uk</a></p> <p>Activities that help with self-regulation<br/> <a href="#">Link to list of activities/opportunities</a></p> <p>Mental Health First Aid (MHFA) and Trauma training for community members</p> <p>MHFA/Trauma informed training</p> | <p>Upshot- quarterly monitoring reports to OCA quantitative (incl. SMART outcomes data) and qualitative (incl. change stories)</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Active Minds Evaluation</p> | <p>Joint Local Health &amp; Wellbeing Strategic Plan 2024/29 (Priority 1)*</p> <p><i>‘..improving, protecting and promoting our mental health and wellbeing at the centre of our actions’.</i></p> <p>Mental Health Transformation Programme</p> <p>South West London Mental Health Strategy</p> | <p>Safe spaces for people to access preventative support sustained and strengthened</p> <p>More activities that help people to self-regulate, prevent crisis</p> <p>Coordinate best use of people who are trained in MHFA and Trauma for pro-active ways of working</p> <p>MH Awareness Training for partners/residents</p> <p>Creative solutions to be inclusive incl. informal, safe activities</p> |

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|   |   |  | Work to de-medicalise death, dying and loss and other health related concerns   |  |  | Arts and creative approaches to contemplate existential themes<br><br>Careers support  |
| 4 | <p>Later Life</p> <p><i>Supporting our older population to live healthy, independent and fulfilling lives*</i></p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p> | <p>Lead partners such as: AUKC, CNCA, Stanley Arts, Music Relief, BME Forum, ARCC and ASKi have fed into LCP plans</p> <p>H&amp;WB Survey underway of LCM funded partnership</p> | <p>Welcoming opportunities - visiting schemes/lunch clubs/intergenerational activities</p> <p>Opportunities to learn social media, Clear Community Web (CCW) in libraries<br/><b>Add link to activities</b></p> <p>Posters/flyers/in-person events inviting people into community life &amp; the 5 ways to wellbeing</p> <p>Showcase 'what's on' events to invite people into community life</p> <p>Dementia Friendly Borough, Memory Cafés such as Stanley Arts</p> <p>Community Champions- Mutual Aid/door knocking to connect people to local activities/support through neighbours. Good practice being shared. Contact <a href="mailto:Andrew.slegg@croydon.gov.uk">Andrew.slegg@croydon.gov.uk</a></p> <p>Specialist Information, Advice and Guidance (IAG) provision</p> | <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> | <p>Joint Local Health &amp; Wellbeing Strategic Plan 2024/29 (Priority 5)*</p> <p>Croydon's Proactive and Preventative Care Model</p> <p>Population Health Management Programme</p> <p>ICN+ Programme</p> <p>Croydon's Dementia Strategic Plan</p> | <p>Sustain and help groups initiate opportunities enabling people to keep independent</p> <p>Sustain opportunities to learn social media</p> <p>Promotion of opportunities with flyers/posters in public spaces</p> <p>Support in-person 'show case' events</p> <p>Sustain and incr. dementia support such as Memory Tree Cafes</p> <p>Coordination of neighbourhood groups to connect people into community life</p> <p>More specialist IAG provision needed, incl. in-person IAG</p> <p>More transport schemes</p> |

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| 5 | <p>Heating &amp; eating<br/><i>Cost of living: supporting our residents to 'eat, sleep and have heat'</i></p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p> | <p>Lead partners providing poverty support incl. His Grace, Healthy Homes and Citizen's Advice Croydon (CAB) have inputted into LCP</p> <p>Health &amp; Wellbeing Survey of LCM partnership activity underway</p> | <p>Support for food groups: increase in donations of food &amp; essentials, volunteer recruitment &amp; coordination, education on causes of food poverty to reduce stigma<br/>-Croydon food poverty strategy</p> <p>Enable people to access support &amp; benefits they're entitled to with specialist IAG</p> | <p>Upshot- quarterly monitoring reports on LCM to OCA quantitative (incl. SMART outcomes data) and qualitative (incl. change stories)</p> <p>Upshot- H&amp;WB Survey results</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> | <p>Joint Local Health &amp; Wellbeing Strategic Plan 2024/29 (Priority 2)<br/>- <i>'around 1 in 3 children under 16 years of age lived in poverty (Child poverty rates, 2021/22).'</i></p> <p>Work with the H&amp;WBB to establish a 'Cost of Living Action Group'</p> | <p>Improve housing: Poor stock and many property owners will not take families- intervention needed<br/>Projects to increase donations of food and essentials, volunteer recruitment &amp; co-ordination, education to reduce stigma</p> <p>More specialist IAG</p> <p>Training &amp; resources on accessing Information Advice &amp; Guidance (IAG)</p> <p>Crisis Fund v. small one off contributions</p> <p>Telephone helpline option for council tel. no to direct to community support</p> <p>Community-led peer support groups</p> |