

Croydon South East Local Community Partnership - Co-creating the Community Plan

By October 2024, fourteen 'Local Community Partnership' events had been held in Croydon South East (which includes the New Addington, Fieldway, Addington Village, Forestdale, Monks Hill and Selsdon communities) involving people and communities, including; 193 Voluntary and Community Sector staff from 93 different Voluntary and Community Sector organisations.

Many of the phenomenal local assets in the area have been celebrated, the most valuable of which is the local people. A locally owned Community Plan has been initiated with input from 325 individuals living and working in the locality. For notes from previous meetings see the Locality Webpage: [Local Community Partnerships - Croydon Voluntary Action \(cvalive.org.uk\)](http://cvalive.org.uk)

Community Plans go beyond identifying need by taking an outcomes focused approach that identifies gaps. This Community Plan is live and evolving in the sense that key partners are working on actions that can be taken forward and making recommendations when further resource is needed.

Priorities for Croydon South East have been summarised in the table below:

Community Plan for Croydon South East, October 2024

	Key themes & Outcomes	Co-production in design & delivery	Current Activity	Evidence base	Alignment	Filling the gaps -What needs to happen
1	Community Hubs <i>Healthy, safe and well-connected neighbourhoods and communities*</i>	Pathfinders New Addington and Family Centre Fieldway, working with Croydon Voluntary Action, involved X partners and X residents in co-designing 'New	New Addington Community Hub Based at the Pathfinders Octagon Building, local residents and volunteers come together each week alongside paid workers to: <ul style="list-style-type: none"> • Meet people and have a cuppa. • Share information on local groups and activities. 	Project evaluation using Upshot-quarterly monitoring reports to OCA quantitative (incl. SMART outcomes data) and	Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 3)* <i>'Our Community Hubs offer holistic support to our communities..</i>	Sustain 'New Addington Community Hub' and 'Fieldway Community Hub' for community use Community Asset Transfers to free up buildings for use as Community Hubs and/or

	<p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Addington Community Hub' and 'Fieldway Community Hub'</p> <p>Ongoing community engagement needed</p> <p>Ongoing interconnection with all stakeholders incl. VCOs and NHS using, NHS England » You said, we did</p> <p>More work needed with GPs/SPLWs/Health professionals to enable effective co-production</p>	<ul style="list-style-type: none"> • Signpost to health, voluntary and statutory support. <p>www.cvalive.org.uk/general-events/</p> <p>Fieldway Community Hub Located at The Family Centre in Fieldway, residents come together each week whilst community activities and services are taking place bringing local people together:</p> <ul style="list-style-type: none"> • Access information and support on how to stay well and independent in the Community. • Signpost to different groups and activities in your local and broader area. • Pop in for a chat with local paid workers. <p>www.cvalive.org.uk/general-events/</p> <p>Working with NDTs</p> <p>Contact: James.Moore@cvalive.org.uk</p>	<p>qualitative (incl. change stories)</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Key performance indicators - align with the indicators identified for the JLHWP strategy and JOCM</p> <p>-Joint outcomes framework and data group to follow</p> <p>Indicators incl., sense of belonging, social cohesion, social trust</p>	<p><i>and are a place for our residents to meet and connect with others.'</i></p> <p>Croydon Council adopted NDTi Community Led Support Resource Wheel incl: 'Strength based conversations' -ASC Transformation Plan, Newtons</p>	<p>to rescue services at risk of reduction or closure</p> <p>Sustain/create community-led activities</p> <p>Create volunteer/work opportunities</p> <p>Identify and enable other Community Hubs</p> <p>Provide IAG at community hubs</p>
2	<p>Mental health & wellbeing</p> <p><i>Good mental health and wellbeing for all*</i></p> <p>Increased independence</p>	<p>Lead partners incl: Centre of Change, Mind in Croydon, Croydon Drop In, Off the Record, The BME Forum, St. Christopher's and Change, Grow, Live have inputted through the LCPs</p>	<p>Stronger Together partnership sustaining New Addington 'Good Samaritans' Pop-in' involving: The Centre of Change, Family Centre Fieldway, New Addington Pathfinders, Good Food Matters to increase support for residents who attend the Pop-in. Addressing Social Isolation and Cost of Living challenges through intergenerational work using links with local schools, Mental Health Training, Mentoring, Health & Social care</p>	<p>Upshot- quarterly monitoring reports to OCA</p> <p>quantitative (incl. SMART outcomes data) and qualitative (incl. change stories)</p> <p>Joint Outcomes and Monitoring</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 1)*</p> <p><i>'..improving, protecting and promoting our mental health and wellbeing at the</i></p>	<p>Sustain activities that are providing essential respite and community support for those at the harshest end of health inequalities.</p>

<p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Testimonials- key theme of access to appropriate health services, delays with GP appoints and hospitals signposting back to GPs with no support offered between appointments.</p> <p>H&WB survey of Stronger Together participants is underway</p> <p><i>CVA's CF insights:</i> Tackling alcohol and substance addition, common testimonial that "not proud" of their experiences and will not share their story with those who they don't trust.</p> <p><i>CVA's CF insights:</i> Stress and mental health is a massive problem for people experiencing housing problems and many services will not take</p>	<p>courses, Hot Meal Provision, Breakfast Clubs, Food Delivery, support with 'Cooking on a Budget', Health & Well-being events.</p> <p>Mental Health Action Group (MHAG) in Croydon South East.</p> <p>Join up with Croydon's Mental Health Alliance. Contact, steve.phaure@cvalive.org.uk</p> <p>Mental Health First Aid (MHFA) and Trauma training for community members</p> <p>MHFA/Trauma informed training</p> <p>The BME Forum's EMHIP and MHPICS are employed to support people to visit healthcare settings.</p> <p>Change Grow Live are working closely with the Community Hubs to deliver Naloxone training to break the stigma of living as an addict/ex-addict with service user led training courses.</p>	<p>Framework with key performance indicators to track progress towards our goals e.g. Indicator - loneliness and isolation</p> <p>Active Minds Evaluation</p>	<p><i>centre of our actions'.</i></p> <p>Mental Health Transformation Programme</p> <p>South West London Mental Health Strategy</p>	<p>Strengthen join up between GP's and Hospitals with local community groups, community hubs and charities so that residents can access support whilst waiting for their health appointment.</p> <p>Peer support/mentoring/supervision for groups running activities to improve wellbeing in the community.</p> <p><i>Mental Health First Aid Training for local volunteers and professionals.</i></p> <p>Creative solutions to be inclusive incl. informal, safe activities.</p> <p>Work with local VCOs to provide a consistent, joined up service.</p> <p>Stigma breaking activity sustained/supported</p> <p>Resource for better housing communication</p>
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3	<p>Heating & eating</p> <p><i>Cost of living: supporting our residents to ‘eat, sleep and have heat’</i></p> <p>Increased independence</p>	<p>Lead partners providing poverty support incl. Family Centre Fieldway, Pathfinders New Addington, Good Food Matters, St. Francis Church, Salvation Army’s ‘The Vine, Selsdon Food Hub, New Addington Baptist Church, Healthy Homes and</p>	<p>Stronger Together partnership, see above.</p> <p>Enable people to access support & benefits they’re entitled to with specialist IAG</p>	<p>Upshot- quarterly monitoring reports on LCM to OCA quantitative (incl. SMART outcomes data) and qualitative (incl. change stories)</p> <p>Upshot- H&WB Survey results</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 2)</p> <p>- ‘around 1 in 3 children under 16 years of age lived in poverty (Child poverty rates, 2021/22).’</p>	<p>Projects to increase donations of food and essentials, volunteer recruitment & co-ordination, education to reduce stigma</p> <p>Food poverty strategy</p> <p>More specialist IAG</p>

	<p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Citizen's Advice Croydon (CAB) have inputted into LCP</p> <p>Health & Wellbeing Survey of LCM partnership activity underway</p>	<p>Peer support Insight's from CVA's CF: <i>"Increasingly we're seeing families with section 21 notices, most often working single mothers with children who have learning disabilities and/or learning difficulties.</i></p>	<p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Indicators incl. % households in fuel poverty, % unemployed and claiming benefits and childhood obesity indicators for year 6</p>	<p>Work with the H&WBB to establish a 'Cost of Living Action Group'</p>	<p>Training & resources on accessing Information Advice & Guidance (IAG)</p> <p>Crisis Fund v. small one off contributions</p> <p>Telephone helpline option for council tel. no to direct to community support</p> <p>Need to strengthen join up with statutory partners in sharing key local intelligence swiftly and enabling effective responses.</p> <p>Community-led peer support groups sustained/initiated.</p>
4	<p>Training and Education</p> <p>Improved social and emotional wellbeing, wider range of skills and enhanced employment opportunities through participation in education courses</p>	<p>Lead provider: CALAT</p> <p>Testimonials in the aftermath of street murder speak to the lack of local opportunities, "Only Fans is seen as the only opportunity here."</p>	<p>Adult education providers are invited to work with the Local Community Partnership and residents to identify and deliver more courses of benefit to local people in a local setting. CALAT attends the Community Hub quarterly.</p>	<p>CORE20 data: New Addington shows very high deprivation driven by low income, employment and take up of adult education.</p> <p>High levels of crime reported by MOPAC.</p>		<p>Provide employment and career advice in the Community Hubs.</p> <p>Funding needed for training, education, apprenticeships and employment.</p> <p>Setting up a Human Library - gaining from others experience about careers, history, lived experiences</p>

5	<p>Young people Supporting our children, young people and families*</p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Re-new New Addington (ReNA) weekly meeting of key stakeholders.</p> <p>Insights from young people working with Play Place, GFM, Family Centre, NA Pathfinders and Walk with Me. Key feedback includes: wanting to feel safe, have opportunities and access to activities.</p>	<p>‘Croydon Model of Provision’ Schools/Colleges to connect to mentoring, sports, arts, environmental activities.</p> <p>Reedham Children’s Trust and CVA, contact: Steve.Phaure@cvalive.org.uk</p>	<p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Indicators incl. self reported wellbeing, self harm/ suicide</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 4)*</p> <p>CORE20 data: New Addington has a high school-aged population and barriers to housing and crime.</p> <p><i>‘9,041 7-to-16 year olds were estimated to have a probable mental disorder in Croydon (Mental Health of Children and Young People in England Survey, 2023’</i></p> <p>Croydon young people and families plan 2020/24</p> <p>GLA ‘Young Londoners’ Peer Outreach Workers</p>	<p>Sustain/create spaces for young people Education/activities supporting young people to keep safe</p> <p>More accessible physical and mental wellbeing activities catering for diversity of young people</p> <p>More support for families incl. support with challenging behavior, ‘connection before correction’</p> <p>Volunteering/work opportunities</p> <p>More accessible arts and creative opportunities needed</p>
6	<p>Community connection- ‘What’s on?’</p>	<p>LCP members report that residents don’t know what support is available</p>	<p>Vibrant community events ‘showcasing’ what’s on include:</p>	<p>Annual report on event detailing involvement of partners,</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 3)*</p>	<p>Enable more in-person events inviting residents into community life-support and activities</p>

	<p><i>Healthy, safe and well-connected neighbourhoods and communities*</i></p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Selsdon Contact and New Addington Pathfinders report residents are fearful of traders incl. private site set up for that purpose.</p>	<p>New Addington Carnival, annual event in July, contact: n.a.pathfinder@hotmail.co.uk</p> <p>Community Fun Day, August 2024. Contact: James.Moore@cvalive.org.uk</p>	<p>volunteers and residents.</p>	<p><i>'ensuring that our residents have the necessary tools and support.. to lead healthy and independent lives'</i></p>	<p>Posters in community spaces inviting people into community life-support, activities</p> <p>Support/funds for community events</p> <p>Coordinate a list of trusted people/groups that people can call on with confidence for odd jobs/support</p>
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