

Croydon South West Local Community Partnership - Co-creating the Community Plan

By October 2024, fourteen 'Local Community Partnership' events had been held in Croydon South West (which includes Purley, Woodcote, Riddlesdown, Purley Oaks, Sanderstead, Kenley, Coulsdon and Old Coulsdon communities) involving people and communities, including; 173 Voluntary and Community Sector staff from 107 different Voluntary and Community Sector organization.

Many of the phenomenal local assets in the area have been celebrated, the most valuable of which is the local people. A locally owned Community Plan has been initiated with input from 303 individuals living and working in the locality. For notes from previous meetings see the Locality Webpage: [Local Community Partnerships - Croydon Voluntary Action \(cvalive.org.uk\)](http://cvalive.org.uk)

Community Plans go beyond identifying need by taking an outcomes focused approach that identifies gaps. This Community Plan is live and evolving in the sense that key partners are working on actions that can be taken forward and making recommendations when further resource is needed.

Priorities for Croydon South West have been summarised in the table below:

Community Plan for Croydon South West, October 2024

	Key themes & Outcomes	Co-production in design & delivery	Current Activity	Evidence base	Alignment	Filling the gaps -What needs to happen
1.	Community Hubs <i>Healthy, safe and well-connected neighbourhoods</i>	Old Lodge Lane Baptist Church (OLLBC) launched their Community Hub with engagement of X	Old Lodge Lane Community Hub A Community Hub buzzing with local residents and volunteers alongside paid workers on the boundary of Kenley and Purley on Old Lodge Lane:	Project evaluation using Upshot- quarterly monitoring reports to OCA quantitative (incl. SMART outcomes	Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 3)* <i>'Our Community Hubs offer holistic</i>	Sustain 'Old Lodge Lane Community Hub' for community use Sustain/create community-led activities

<p><i>and communities*</i></p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>partners and X residents.</p> <p>Ongoing community engagement needed</p> <p>Ongoing interconnection with all stakeholders incl. VCOs and NHS using, NHS England » You said, we did</p> <p>More work needed with Health professionals to enable effective co-production</p>	<ul style="list-style-type: none"> • Learn and use the local food stop shop. • Meet the local community developer to learn more about the community. • Access a range of activities and services for local people. <p>www.ollbc.org.uk/</p> <p>Open Mon-Friday, hub focus on Tuesdays 10.00- 12.00 and Fridays 9.00-12.00</p> <p>Funded LCM partnership:</p> <p>‘Old Lodge Lane Community Hub’ with Kevirodo`s Big Love Foundation, Clear Community Web and Grow Baby Family provide wrap around support addressing health inequalities and extending reach.</p> <p>‘The Hive Garden’ led by Coulsdon Community Partnership with Local Scout & Guide groups, Local Residents Groups, Local Schools. Community space with gardening workshops, open days, Farm to Plate healthy eating and well-being days.</p> <p>Other potential hubs incl: Toller’s Estate Community Centre, The Hive at Coulsdon Library, Bradmore Green Library (currently closed), Priscillas in Sanderstead, The Corner House Tea Room in Hamsey Green and the café at Christ Church in Purley.</p>	<p>data) and qualitative (incl. change stories)</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Key performance indicators - align with the indicators identified for the JLHWB strategy and JOCM</p> <p>-Joint outcomes framework and data group to follow</p> <p>Indicators incl., sense of belonging, social cohesion, social trust</p>	<p><i>support to our communities.. and are a place for our residents to meet and connect with others.’</i></p> <p>Croydon Council adopted NDTi Community Led Support Resource Wheel incl: ‘Strength based conversations’ -ASC Transformation Plan, Newtons</p>	<p>Create volunteer/work opportunities</p> <p>Identify and enable Community Hubs to be run as self-sustaining commercial ventures – owned and run by local people. Explore the creative use of Croydon’s library spaces, e.g. the work that the Friends of Sanderstead Library group are doing to try to set up a Community Hub at that venue on the days it is not open as a library</p> <p>Expand the Warm Spaces scheme and promote the directories that let people know where they are.</p>
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<p>2.</p>	<p>Mental health & wellbeing</p> <p><i>Good mental health and wellbeing for all*</i></p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Lead partners incl: OLLBC, Croydon Almshouses, Social Prescribing Link Workers (SPLW), St Christopher's, Healthwatch and Mind in Croydon, have inputted through the LCPs</p> <p>Involvement of local young people right from the start of the co-production process</p> <p>H&WB survey of CrESNT participants is underway</p> <p>Involvement underway with carers, support groups, SEN leads in schools, PTAs and children with SENs.</p>	<p>Mental Health Action Group's directory of activity in Croydon SW</p> <p>Setting-up a SW LCP 'Shed' Project Connecting with The Hive in Coulsdon or 'Roots' Allotment Site (www.rootsallotments.com)</p> <p>Improving the support available for people with Autistic Spectrum Disorders (ASD) and their Families in the SW Locality</p> <p>Safe spaces for people to access preventative support in the community. For Mental Health Alliance contact, steve.phaure@cvalive.org.uk</p> <p>Mental Health First Aid (MHFA) and Trauma training for community members</p> <p>MHFA/Trauma informed training</p> <p>Work to de-medicalise death, dying and loss and other health related concerns</p>	<p>Upshot- quarterly monitoring reports to OCA quantitative (incl. SMART outcomes data) and qualitative (incl. change stories)</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals e.g. Indicator - loneliness and isolation</p> <p>Active Minds Evaluation</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 1)*</p> <p><i>'..improving, protecting and promoting our mental health and wellbeing at the centre of our actions'.</i></p> <p>Mental Health Transformation Programme</p> <p>South West London Mental Health Strategy</p>	<p>To be updated onto Simply Connect Croydon and QR coded</p> <p>'Men in Sheds' projects and women equivalent, to provide Health Education and Self-care</p> <p>Increase anger Management opportunities</p> <p>Counselling, Talking Therapies and peer-to-peer support sessions needed - Telephone Helplines such as Samaritans and the Alzheimer's Society are highly valued and should be more widely publicised</p> <p>MH Awareness Training for partners/residents</p> <p>Coordinate best use of people who are trained in MHFA and Trauma for pro-active ways of working</p> <p>Arts and creative approaches to contemplate existential themes</p>
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3.	<p>Heating & eating</p> <p><i>Cost of living: supporting our residents to 'eat, sleep and have heat'</i></p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Lead partners providing poverty support incl. OLLBC, Purley Food Stop, Kevirodo`s Big Love Foundation, Grow Baby Family, Healthy Homes, Clear CommunityWeb (CCW) and Citizen`s Advice Croydon (CAB) have inputted into LCP</p> <p>Health & Wellbeing Survey of LCM partnership activity underway</p>	<p>OLLBC provide food poverty support every Friday, 9.00- 13.00.</p> <p>Purley Food Stop provided 35,000 meals in 2024, bringing in and redistributing food donations.</p> <p>Food Roots- small funds for sustaining and growing food</p> <p>Healthy Homes and ClearCommunityWeb attend the weekly Community Hub</p>	<p>Upshot- quarterly monitoring reports on LCM to OCA quantitative (incl. SMART outcomes data) and qualitative (incl. change stories)</p> <p>Upshot- H&WB Survey results</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Indicators incl. % households in fuel poverty, % unemployed and</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 2)</p> <p>- 'around 1 in 3 children under 16 years of age lived in poverty (Child poverty rates, 2021/22).'</p> <p>Work with the H&WBB to establish a 'Cost of Living Action Group'</p>	<p>Borough wide strategy for food security</p> <p>Projects to increase donations of food and essentials, volunteer recruitment & co-ordination (incl. refrigeration and storage), education to reduce stigma</p> <p>Community-led peer support groups</p> <p>Gardening clubs, cooking on a budget</p> <p>More specialist IAG to enable people to access</p>

			<p>'Warm Spaces' (re-named to avoid stigma) at Coulsdon Library, Old Coulsdon Congregational Church, All Saints Church in Kenley, The Hub on the Hill at St Barnabus Church in Purley, Purley United Reform Church and at The Hub at Kenley Memorial Hall.</p>	<p>claiming benefits and childhood obesity indicators for year 6</p> <p><i>The 2021 research found that the annual cost to the NHS of leaving people in the poorest housing was around £1.4 billion. In addition, when wider societal costs are included, it was estimated that the full cost to society of poor housing was £18.5 billion per annum.</i></p> <p>BRE cost of poor housing tenure analysis 2023.pdf</p>		<p>support and benefits they're entitled to.</p> <p>Training & resources on accessing Information Advice & Guidance (IAG)</p> <p>Crisis Fund v. small one off contributions</p> <p>Tackling the root causes of fuel-poverty by improving the fuel-efficiency/dependency of housing.</p> <p>Promotion of 'what's on' needed as posters/flyers.</p>
4.	<p>Later Life</p> <p><i>Supporting our older population to live healthy, independent and fulfilling lives*</i></p>	<p>Lead partners such as: AUKC, CNCA, have fed into LCP plans</p> <p>H&WB Survey underway of LCM funded partnership</p>	<p>Befriending schemes to connect isolated into community life are oversubscribed at AUKC, CNCA and CVA</p>	<p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Indicators incl: Quality of life in</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 5)*</p> <p>Croydon's Proactive and</p>	<p><u>Isolation</u>- lots of people struggling with isolation and loneliness, looking for local connection and support.</p> <p>Befriending projects to be sustained, co-ordinated.</p>

	<p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>More work needed to identify and map transport support. Identify who has mini-buses that could be used.</p> <p>By 2035, over a fifth of UK residents will be aged 65 and over, and by 2050, that</p>	<p>Accessible transport, Dial-A-Ride, Blue badge support</p> <p>Posters/flyers/in-person events inviting people into community life & the 5 ways to wellbeing are ad hoc</p> <p>ClearCommunityWeb (CCW) at Community Hub to support people to learn to use technology</p> <p>Dementia Friendly Borough, Memory Tree Café's</p> <p>Community Champions- Mutual Aid/door knocking to connect people to local activities/support through neighbours. Good practice being shared.</p> <p>Specialist Information, Advice and Guidance (IAG) provision</p>	<p>older people, admissions due to falls</p>	<p>Preventative Care Model</p> <p>Population Health Management Programme</p> <p>ICN+ Programme</p> <p>Croydon's Dementia Strategic Plan</p>	<p>Sustain and initiate groups that are enabling people to keep independent</p> <p>Gap analysis of those that fall outside of criteria</p> <p>Coordination of activities/ support communicated in flyers/posters in public spaces</p> <p>Sustain opportunities to learn technology incl. social media</p> <p>Sustain and incr. dementia support such as Memory Tree Cafes</p> <p>Coordination of neighbourhood groups to connect people into community life incl. Mutual Aid groups, Residents Associations, PTAs, Scout groups</p> <p>More specialist IAG provision needed, incl. in-person IAG</p>
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		<p>proportion will be almost a quarter. Asking middle-aged residents how they would like Croydon's buildings and places to 'serve' them in 2050. Engage stories and needs of current older residents to identify their needs and help plan for better outcomes for the next generations.</p> <p>Pathways-to-Healthy-Ageing.pdf</p>	Compassionate conversations			<p>Develop intergenerational initiatives to improve the quality of buildings, places and placemaking</p> <p><u>Bereavement</u> space and creativity with compassionate conversations sustained</p>
5.	<p>Young people</p> <p>Supporting our children, young people and families*</p> <p>Increased independence</p> <p>Improved mental and physical health</p> <p>Increased social contact and community support</p>	<p>Reaching Higher's survey results</p>	<p>Setting-up a SW LCP Youth Hub at Purley United Reformed Church (PURC), utilising facilities and energy from partners. Reaching Higher putting a business case together as part of their 360 wrap around care programme.</p> <p>'Croydon Model of Provision' Schools/Colleges to connect to mentoring, sports, arts, environmental activities. Contact: Steve.Phaure@cvalive.org.uk</p>	<p>Upshot- quarterly monitoring reports to GLA as above</p> <p>Joint Outcomes and Monitoring Framework with key performance indicators to track progress towards our goals</p> <p>Indicators incl. self reported wellbeing, self harm/ suicide</p>	<p>Joint Local Health & Wellbeing Strategic Plan 2024/29 (Priority 4)*</p> <p><i>'9,041 7-to-16 year olds were estimated to have a probable mental disorder in Croydon (Mental Health of Children and Young People in England Survey, 2023'</i></p> <p>Croydon young people and families plan 2020/24</p> <p>GLA 'Young Londoners' Peer</p>	<p>After-school clubs for young people to be set up and sustained</p> <p>Intergenerational work between young people and people later in life</p> <p>More accessible physical and mental wellbeing activities catering for diversity of young people.</p> <p>Education/activities supporting young people to keep safe</p> <p>Special Educational Needs support for families and carers</p>

					Outreach Workers	Career guidance, employment and mentoring opportunities
6	Training, Education and Employment		Job Fairs held at OLLBC with DWP. Outcome from Feb. '24: 178 attended, 78 received job offers.	South London Partnership identifies the skills and employment opportunities involved in retrofitting our existing buildings for climate resilience, health and net-zero as a £17b economic opportunity. Retrofit skills, Home - Retrofit Skills Centre, Training, Courses		Volunteering/work opportunities Green Skills economy

CHANGE STORIES:

"Eileen, at 86 years old, has been through significant challenges, particularly in caring for her husband who battled Parkinson's disease until his passing last year. Despite the hardships, Eileen found solace and support through various avenues in her community. Regular visits to the Food Stop provided essential sustenance, while attending Clothes Stop sessions on Tuesdays offered her a much-needed respite from the demands of full-time caregiving.

Following her husband's passing, Eileen discovered a newfound source of strength and companionship at Old Lodge Lane Community Hub. The supportive environment and friendships she cultivated there became invaluable to her healing process. So much so, that when the suggestion arose for her to move closer to family, they quickly realized the depth of support she had found in her community and reconsidered.

*As she navigated the grieving process, Eileen sought additional help to manage her insomnia and anxiety. Attending a free mindfulness course at the community hub became a turning point for her. After just one session, she experienced a **peaceful and restful night's sleep for the first time since her husband's passing**. Over subsequent weeks, Eileen diligently applied the mindfulness techniques she learned, noticing a gradual **easing of the knot of anxiety in her stomach**.*

*Eileen's journey exemplifies the transformative power of community support and the importance of accessible resources like food support, volunteering and mental wellbeing support in aiding **healing and resilience**."*