



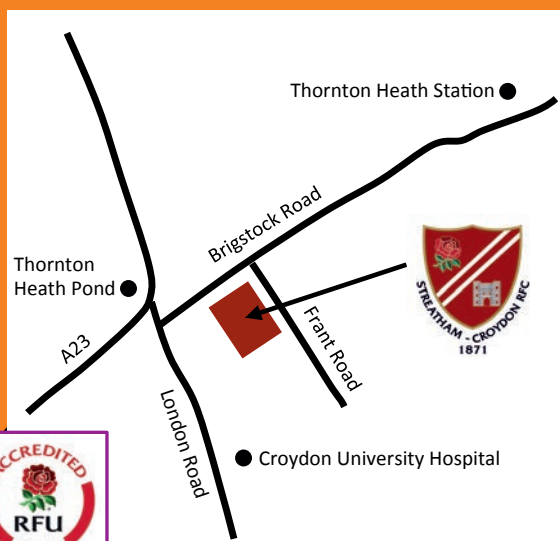
**FREE  
FITNESS  
SESSIONS**

# LOOKING FOR A NEW WAY TO KEEP FIT & GET IN SHAPE?

Want to do so in a fun, friendly environment?

Beginners are welcome, suitable for all standards

**Every Tuesday From 10th May**



**For further information please contact:**

**Georgie**

**07791 865544**

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**Training:**

**Tuesdays 7.30 – 8.30pm**

**Streatham-Croydon Rugby Football Club**

**159 Brigstock Rd, Thornton-Heath, Croydon. CR7 7JP**

**[www.streatham-croydon.co.uk](http://www.streatham-croydon.co.uk)**

