



Christmas Food Donations (& Beyond)



The Croydon FoodBANK would appreciate the following contributions:

TREATS:

Chocolates
Crisps/snacks

BREAKFASTS:

Cereals
Porridge
Jam
Honey
Peanut Butter

DRINKS:

Fruit Squash
Long Life Fruit Juice
Long Life Milk (full fat as well as semi-skimmed)
Coffee
Tea
Drinking Chocolate

PROTEINS:

Tins of
Meat (Plain meat such as ham, corned beef etc.)
Fish
Meat Meals
(Steak and kidney pie, curry, meat mince etc.)

CARBOHYDRATES:

Potatoes (tinned and instant)
Rice
Pasta
Noodles and instant pot noodles

VEGETABLES:

Tins of
Peas, green beans, corn, carrots etc
Pulses
Baked Beans

SOUPS AND SAUCES ETC.:

Soup (dried cup a soup as well as tinned)
Pasta sauce
Vegetable curry
Macaroni cheese

DESSERTS:

Tins of
Fruit
Rice Pudding
Custard
Packets of
Instant Custard
Instant Desserts (Angel Delight etc.)
Biscuits

BABIES AND TODDLERS:

Jars of baby food (6-12 months)
Toddler ready meals (1 year+)
Baby wipes

YOUNG ADULTS AND TEENAGERS:

Toiletries including mini gift sets

**Please give food donations to
Isschara on the 3rd Floor Davis
House – Parking Team**

**YOU HAVE UNTIL 20TH
DECEMBER 2018**

THANK YOU for making a family smile!!!

