



Corporate Volunteering Teams

Good Food Matters (GFM) is a 1.5 acre community project site in South Croydon with great transport links to the local area, central London and the South East. Established for over 5 years, we offer a unique facility providing teaching for both Nutritional Cooking and Horticulture, the latter focused on produce grown in adherence to organic principles.

Our spacious eco-built and accessible kitchen offers superb facilities for cookery classes and a flexible space for meetings and other events.

We offer:

- Cookery and horticulture skills transfer
- Training in sustainable food growing using organic gardening methods and techniques, including beekeeping and recycling waste
- A focus on targeted learning, employability skills, health and safety, in a working practical environment and progression for further studies
- Working with local schools to support gardening projects
- Volunteers programmes
- An understanding of the value of affordable, local food to schools, hospitals, voluntary organisations and local businesses
- Free training and free produce to all volunteers when available
- Surplus produce to those in need.

For volunteering teams, we provide a number of options to maximise the investment of the valuable time and resources so kindly given by the local business community and other organisations. These include:

- General maintenance and cultivation of site with guidance from appropriately qualified GFM supervisors
- Tailored classes on organic growth principles and nutritional cooking
- Specific projects for team collaboration and education
- Facilities for offsite meetings and presentations.

Projects and Tasks for 2018 include:

- Protection wire for Polytunnel
- Delivery Bay construction
- Outdoor Cooking Area
- Fruit tree ground preparation
- Maintenance of raised bed area
- Maintenance of kitchen building walkway
- Decoration of outbuildings
- Creation of new herb garden
- Establishing a rain water harvesting system.

Contact Details

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