



**YOUNG &
INSPIRED**

GROUNDWORK



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A photograph of two young women looking down, overlaid with a purple gradient. The woman on the right is wearing a plaid shirt and a white jacket. The text "What is Young and Inspired?" is written in white, bold, sans-serif font across the center.

What is Young and Inspired?

Young and Inspired is a free skills-training programme that helps young Londoners find work.

Our mission is to help young people take control of their future careers.

With Y&I, they have the freedom to pursue different paths and find their own way. Through industry-specific skills training and 1-2-1 support, Y&I helps young people to recognise their full potential and get a head start in the world of work.

Young and Inspired is delivered by **Groundwork London**, a charity that has been at the forefront of social regeneration in London for over 25 years, working with communities to improve their prospects and transform their lives.

We are a passionate team of individuals who are dedicated to supporting young Londoners to take control of their future.

We believe that young people should have the freedom to find their own path and recognise their full potential.

With this principle in mind, through Y&I we work together with our learners to help them secure future employment or further education opportunities.

A photograph of two women in an outdoor setting, possibly a park or plaza, with stone steps and a railing in the background. One woman, with dark hair in braids, is seated at a wooden table and looking at a laptop. The other woman, with long dark hair, is standing and holding a clipboard, writing with a pen. The entire image is overlaid with a semi-transparent purple filter. The text 'What is our offer?' is centered in white, bold font.

What is our offer?

Our offer

● **Free Training Programme**

We offer a free, skills-training programme for young people meeting the following criteria:

- Aged 16–24
- NEET (Not in employment, education, or training)
- Living in, or able to travel to the following London boroughs:

● **Boroughs served by Jemima Richards**

Greenwich, Bexley, Bromley, Barking & Dagenham, Redbridge, Waltham Forest, Enfield, Havering

● **Boroughs served by Paige Edwards, Isabelle Magambo and Emma Chinna**

Camden, City, Hackney, Haringay, Islington, Kensington and Chelsea, Lambeth, Lewisham, Southwark, Tower Hamlets, Wandsworth, Westminster

● **Boroughs served by Verity Sayer**

Croydon, Sutton, Merton, Richmond and Kingston

Our offer



Qualified Tutors

Qualified tutors who run structured sessions to help trainees to gain accredited qualifications in various subjects

1 to 1 Support

Employment Advisors who offer trainees 1-2-1 tailored coaching and support, including help with interview skills, preparing for work, CV writing, monthly progress reviews and confidence-building sessions

Support from our Employer Liaison Team

Support from our Employer Liaison Team who will connect trainees with Kickstart schemes, employers, apprenticeships, and traineeships across various sectors, and help in securing interviews

Further Education

Support into further education, if that's the right path for trainees

Accredited Training

We have enthusiastic and dedicated tutors that offer industry-specific skills training in a variety of subjects

Functional Skills in Maths and English

(Entry Level to Level 2) – 12 weeks, via Zoom

Employability Skills

(Level 1) – 1–2 weeks, virtual or in-person

Customer Service Skills

(Level 1) – 1–2 weeks, virtual or in-person

Business Administration

(Level 1) – 1–2 weeks, virtual or in-person

Horticulture

(Level 1) – 3 weeks in-person

1 to 1 Support

We provide support to trainees, providing them with assistance to get ahead in their career journey.

- › **Examining and overcoming workplace barriers**
- › **CV writing skills**
- › **Support with job and course applications**
- › **Interview preparation**
- › **Tips for handling stress and anxiety inside and outside work**
- › **Budget planning**
- › **Time management and organisation skills**

A young man with short, light brown hair is looking directly at the camera. He is holding a dark-colored skateboard behind his head with both hands. He is wearing a grey hoodie. The entire image is covered with a semi-transparent purple overlay. The text "What can learners expect?" is written in a large, white, bold, sans-serif font across the middle of the image.

What can learners expect?

What can learners expect?

Our learners are expected to be dedicated to Young & Inspired and, most importantly, to themselves. We want all young people on Y&I to take charge of their futures and recognise their full potential by making the most out of the programme.

Good Attendance

At courses/sessions, and being punctual. They must contact their tutor/EA if they cannot attend or are going to be late

Appointments

Attend a minimum of one appointment per week with their Employment Advisor

Focus

On their learning and stay on track. Treat all other learners and staff members with respect

Communication

Talk to their tutor/EA if they are having any issues with their learning

A background image of a young man with dark hair and round glasses, smiling broadly. The image is overlaid with a semi-transparent purple filter. The text 'Referral and Enrolment process' is centered over the image in a white, bold, sans-serif font.

Referral and Enrolment process

Referral Process

1

Referral

The referral partner completes and sends over the referral form to a member of our team.

Once we receive a referral, a member of our team will contact the learner within a day.

2

Online Test

Learners will be required to complete an online Maths, English, and ICT basics test to evaluate the level they are working at.

Learners also need to provide a form of ID and proof of address.

3

Learning Plan

After the initial enrolment, learners will be registered for accredited training if applicable.

They will be given an individual learning plan, to provide structured guidance and help them achieve their career goals.

4

Appointments

Learners will have weekly appointments to attend with their Employment Advisor on a regular basis throughout their learning with Groundwork London.



Success Stories



Groundwork London has supported learners into a variety of roles, courses, and sectors.

This includes: Bike Mechanic, Grounds Maintenance Assistant, Massage Therapist; Nursing, University courses, Animal Care, Hospitality, Legal, Sports, Journalism, and many more.

A young woman with dark hair in a braid, wearing a white fuzzy jacket over a red top, is sitting at a desk. She is smiling and looking towards the camera. On the desk in front of her is a laptop, a stack of books, and some papers. In the foreground, the back of a person with long blonde hair is visible, looking towards the woman. The background shows some indoor plants. The entire image has a purple overlay.

Thank you