

# JustBe Croydon

Want to lead a healthier lifestyle?



Meet your Live Well Advisor for advice & support

(1<sup>st</sup> April to 30<sup>th</sup> June 2018)

Time	Venue	Address
<b>Monday</b>		
9.30-11am	South Norwood Library	196 Selhurst Rd, London, SE25 6XU
11am-2pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
12-2pm	Ashburton Library	Shirley Rd, Croydon, CR9 7AL
<b>Tuesday</b>		
9.30-11.30am	Thornton Heath Library	190 Brigstock Rd, Thornton Heath, CR7 7JB
9.30-11.30am	Coulsdon Library	Brighton Rd, Coulsdon, CR5 2NH
11am-2pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
1pm-3pm *	Tollers Lane Community Centre	Tollers Lane, Old Coulsdon CR5 1BA
<b>Wednesday</b>		
10am-12pm	Fieldway Family Centre	Fieldway, New Addington, CR0 9AZ
11am-5pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
10-12pm	Eversley Medical Centre	501 London Rd, Thornton Heath, CR7 6AR
<b>Thursday</b>		
9.30-11am *	St Francis C of E Church	146 Tedder Road, Monks Hill, CR2 8AH
11.30am-1pm	CALAT, New Addington	90 Central Parade, Croydon, CR0 0JB
11am-2pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
2-4pm	Brigstock Medical Practice	141 Brigstock Rd, Thornton Heath, CR7 7JN
<b>Friday</b>		
11am-2pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
2-4pm	Eversley Medical Centre	501 London Rd, Thornton Heath, CR7 6AR
<b>Saturday</b>		
10am-1pm	Healthy Living Hub	Katharine St, Croydon, CR9 1ET

\*alternate weeks – call for details

[www.justbecroydon.org](http://www.justbecroydon.org)

[livewell@croydon.gov.uk](mailto:livewell@croydon.gov.uk)

@justbecroydon

020 8604 7719

Updated 15<sup>th</sup> March 2018 – subject to change