



Helping Hands Project

Supporting women and their families who have experienced domestic abuse in Merton

Volunteer Support

The Helping Hands project volunteers provide support for Women and their families affected by Domestic Abuse in the local community of Merton and surrounding areas by offering befriending & practical support to help prevent further family breakdown.

Volunteers:

- ✓ Offer support & a listening ear (emotional & practical)
- ✓ Attend appointments/meetings/court with families
- ✓ Encourage families to access local services & leisure activities. Other support will be offered according to the individual family needs
- ✓ Make real changes to people's lives

About our Volunteers

The Helping Hands volunteers have different skills, experiences & backgrounds.

Volunteers receive:

- ✓ Full training on the effects of DA on women and children
- ✓ Ongoing support and supervision
- ✓ Regular opportunities to meet with other volunteers
- ✓ Reasonable out of pocket expenses

Volunteers have:

- ✓ A willingness to support families to achieve positive change
- ✓ An understanding of the effects of domestic violence on adults and children
- ✓ An enhanced DBS check to check their suitability to work with adults & children
- ✓ A positive, can-do approach to problems

How to volunteer?

If you would like to get involved in this hugely valuable and rewarding project, please contact:

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