



# Become a Personal Assistant

## Make a difference

Would you like to make a difference to someone's life?

Are you an understanding, empathetic, adaptable person who is willing to learn and help someone to live the life they choose?

There are a wide variety of opportunities with flexible hours available, supporting someone in their own home or in the community.

Visit our website for more information.



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## What is a personal assistant?

As a personal assistant you'll work directly with one or more individuals to help them with various aspects of their daily life, to help them to live as independently as possible.

## What experience and qualifications do I need?

You don't necessarily need any qualifications to become a personal assistant. What's really important is that you have the right values and behaviours to work in social care.

## Will I receive training?

When you start you should do an induction which includes training necessary for your role such as health and safety, first aid, and moving and handling. You might also receive specific training depending on individual care needs.

## Is there career progression?

There may be opportunities to progress into senior personal assistant roles where you're responsible for organising rotas, training or wages. You might also choose to go into other roles such as an advocacy worker, care worker, or rehabilitation worker.

## Find out more

To learn more about becoming a personal assistant, please visit our website or give us a call.



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