

Solace *Holiday programme*

Solace International ('Solace') is holding a series of interactive seminars and workshops for the Croydon community over the coming school holidays. The aim of the programmes is to equip participants with the tools for effectively supporting children and young people in their charge throughout the new academic year commencing September. The information and knowledge gained will prove valuable for subsequent academic years to come. Parents, guardians and professionals engaged in the learning environment (such as social workers, teachers, YOT officials, etc.) will find the programmes to be of particular relevance. Please circulate this information to your members and host communities. Solace can deliver the programmes at a venue near to you, if you will provide a venue and refreshments. Each programme runs on a minimum of ten persons. Details are as follows:

<i>Activity</i>	<i>Date</i>	<i>Remarks</i>
<i>Helping your child settle in a new environment</i>	Mon 01 Aug 2016	If your child or a child you care about is moving to a new school, new class, new neighbourhood or coming to the UK for the first time, this could be just what you need in order to support them in the best way possible.
<i>Supporting children with their homework and home studies</i>	Mon 08 Aug 2016	Parents, professionals and caring adults are often at a loss regarding how best to get the finest out of their children and wards. <i>What can we do? What must we avoid? What really is helpful – and what is not?</i> These and other questions will be answered during this programme. It is also a great chance for parents and professionals to share/swap experiences on supporting their children towards getting the best out of studying on their own.
	Tue 15 Aug 2016	We've all been there (well – some of us!): the school says one thing, our child says another and we're caught in the middle trying to fight our little

<p><i>When things go not-so-good: Getting along nicely with school authorities</i></p>		<p>angel's corner while doing our best not to rub the school the wrong way...and then failing at both. Well, there's always <i>Solace</i>. We have purposely put this programme together in order to help everyone on the parent/school/pupil team work in greater harmony. Even if you've never had cause to differ strongly with any school about the way they handle your child or a child you know – you never can tell when you just might need this bit of very handy knowledge.</p>
<p><i>Handling bullying</i></p>	<p>Tue 22 Aug 2016</p>	<p>Bullying is on the increase, bullies are getting smarter and bullies are no longer fitting the old stereotypes (of big, dumb and grumpy nasties). Worse still, bullies are nearer home than we think...sometimes they're even at home with us. So what can we really do about it? How should I support my child or any child I know that's being bullied? And what if my child or a child in my charge is the bully? This programme does not promise to be Socrates or Solomon (Sulaiman) but it does help you understand bullying better as well as equip you with better skills and knowledge for dealing powerfully with bullying. Remember, no child should live in fear of other children and every child has a right to learn in peace, safety and comfort. This programme will help the dream of a conducive learning environment come alive for all parents and children.</p>

Cost: All seminars are offered free of charge. The actual cost would be £35.00 per participant. *Solace* however welcomes donations and contributions towards our costs such as refreshments for everyone, transport for facilitators as well as our other charitable activities in the UK and beyond. Please while we will not be insisting on any donation or contribution, do consider making a donation of at least £5.00 in support of our work and beneficiaries. Please.

Venue: All the above programmes will take place at St. Paul's Church of England hall, St. Paul's Road, Thornton Heath, Surrey (We are of course happy to organise one or more of these programmes at a venue of your choosing. Terms and conditions apply.).

Nearest train station: Thornton Heath Station.

Buses: 50, 130, 198, 250, 450.

Registration required. Please send an e-mail to intersolace@gmail.com or call 07417 425 958 (Lyca) to book your place. Thank you.