

Creating conversations

Dying well takes planning



The untold stories of loss

Zoom meetings discussing death, loss and bereavement during the time of Covid-19

Every Friday during May and June, 7-9pm

The Creating Conversations project aims to break down the silence around death and give each of us a voice, where open conversations are welcome in normalising dying, death and grief. After two years of meeting face to face, we have a new home in keeping with government directives on safe distancing.

We are facing a time of such great upheaval and immeasurable change as we daily suffer through losses in various forms. The impact of living under the shadow of Covid-19 is far reaching and will last for a long time. Our personal experiences however, are unique and bring out powerful emotions and reactions that can be overwhelming and leave us feeling out of control.

We welcome all who live in our catchment areas of Lambeth, Southwark, Lewisham, Bromley and Croydon. We will feature individual stories, discuss the effects of the present-day situation and consider the journey towards healing. We will also feature a special guest every other Friday.

Please join the Zoom meeting at
<https://us02web.zoom.us/j/87812062196>

To find out more about this event, please contact Carol Trower on **07753 460437** or at **c.trower@stchristophers.org.uk**.
www.stchristophers.org.uk/creatingconversations

Please note that this is not a counselling forum

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