

## Childhood Obesity - Raising the Issue of Weight – 3hr

Are you confident in raising the issue of weight?

Are you aware of how you can promote the benefits of a healthy weight within your role?

This training is suitable for all fitness or health professionals including school nursing, health visitors, practice nurses, early years and third sector staff working with children and young people who would wish to help families to recognise the need for weight management support, by raising the issue of weight and signposting families to local services.

Date	Time	Venue
Tuesday 12 <sup>th</sup> January 2016	09.30 - 12.30	Weatherill House Business Centre, New South Quarter, 23 Whitestone Way, Croydon, CR0 4WF
Wednesday 10 <sup>th</sup> February 2016	09.30 – 12.30	Weatherill House Business Centre, New South Quarter, 23 Whitestone Way, Croydon, CR0 4WF
Thursday 17 <sup>th</sup> March 2016	09.30 – 12.30	Weatherill House Business Centre, New South Quarter, 23 Whitestone Way, Croydon, CR0 4WF

### To book your place or for further information:

Call 0208 417 0078 or e-mail: [anna.luckett@wmc.uk.com](mailto:anna.luckett@wmc.uk.com)

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