

Specialist Support Services for Survivors of Sexual Violence (London)



24/7 RAPE AND SEXUAL ABUSE SUPPORT LINE 0808 500 2222
247sexualabusesupport.org.uk

The 24/7 Rape & Sexual Abuse Support Line is a free phone and online chat service for anyone aged 16+ in England and Wales who has experienced something sexual that they didn't want, didn't consent to or are feeling confused about – no matter when or where it happened. The Support Line is open 24 hours a day, 365 days a year, for victims and survivors of any gender. Specialist staff are there to listen, answer questions and offer emotional support.

SURVIVORS GATEWAY www.survivorsgateway.london

The Survivors Gateway is open to survivors of any gender who are aged 13 and above and live, work, or study in London. The Gateway connects those who have survived any form of sexual violence at any point in their lives with specialist support services. Their website also includes a detailed list and map of specialist services available to survivors in each of the London boroughs.

Survivors can contact the Gateway via phone (Monday 9am-5pm; Tuesday 9am-7pm; Wednesday 9.30am-3.30pm; Friday 9am-3pm) or complete the Survivors' online referral form on the website. Professionals can complete an online referral form.

SEXUAL VIOLENCE SUPPORT FOR WOMEN AND GIRLS

Rape Crisis www.rapecrisis.org.uk

There are four Rape Crisis Centres in London providing independent and specialist support to women and girls who have experienced any form of sexual violence at any point in their lives. The support is provided by women, for women, either free, or at a low cost. These services are confidential and include: long term counselling, advocacy (support through the criminal justice system) and community outreach. Women and girls can access this support by contacting their nearest centre directly.

Rape Crisis South London: 0208 683 3311

Rape Crisis North London: 0808 801 0305
rapecrisis@solacewomensaid.org

Rape Crisis East London: 0800 160 1036
rapecrisis@niaendingviolence.org.uk

Rape Crisis West London: Contact the Survivors Gateway (above)
[Live Chat](#)

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Imkaan

www.imkaan.org.uk

Imkaan is the only UK-based umbrella women's organisation dedicated to addressing violence against Black and minoritised women and girls. They provide information about specialist by and for Black and minoritised women in London and the UK.

SUPPORT FOR MEN AND BOYS

Survivors UK

0203 598 3898

www.survivorsuk.org

info@survivorsuk.org

Survivors UK provides a national online helpline, individual and group counselling and advocacy services for boys, men and non-binary people aged 13 and over who have experienced sexual violence at any time in their lives.

Safeline

0808 800 5005

www.safeline.org.uk

support@safeline.org.uk

Free and confidential online, telephone and text support, information, and signposting through the National Male Survivor Helpline.

OTHER SPECIALIST SUPPORT SERVICES

Galop

0800 9995428

galop.org.uk

advice@galop.org.uk

Galop supports LGBT+ people who have experienced all forms of abuse, including sexual violence. Galop runs the LGBT+ Domestic Abuse helpline and can provide advice, advocacy, and emotional and practical support.

Respond

020 7383 0700

www.respond.org.uk

Respond provides therapy and specialist support services including advocacy to people with learning disabilities, autism or both who have experienced abuse, violence, or trauma.

Revenge Porn Helpline

0345 600 459

www.revengepornhelpline.org.uk

help@revengepornhelpline.org.uk

The Revenge Porn Helpline supports those aged 18 and over in the UK who are experiencing image-based abuse, also known as revenge porn. They can provide confidential advice on reporting to social media platforms or the police, help with the reporting and removal of content, and signposting towards legal advice.

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National Stalking Helpline

0808 802 0300

www.suzylamplugh.org

The National Stalking Helpline gives practical information, support and advice on risk, safety planning and legislation to victims of stalking, their friends, family, and professionals working with victims. Those experiencing stalking in London can also ask to be referred into the London Stalking Service for advocacy.

SUPPORT FOR CHILDREN AND PARENTS

NSPCC

www.nspcc.org.uk

0800 1111 (Childline)

NSPCC provides Childline, a 24-hour service which provides counselling, information, and advice to children or young people. Any anyone concerned about a child or young person can contact the NSPCC on 0808 800 5000 or via help@nspcc.org.uk.

MOSAC

0800 980 1958

www.mosac.org.uk

Mosac supports non-abusing parents and carers of children who have experienced sexual violence through a helpline, counselling and advocacy support.

Report Remove

[Via Childline](#)

Support for children and young people under the age of 18, who have had a nude image or video of them shared online.

MEDICAL AND PHYSICAL HEALTH SUPPORT

Havens

www.thehavens.org.uk

020 3299 6900 (urgent advice, appointments: 24/7)

020 3299 1599 (general enquiries: Mon-Fri 9-5)

There are three 'Sexual Assault Referral Centres' in London. Together, they are grouped under the umbrella organisation, 'The Havens' and are managed by NHS England. They provide medical, forensic and psychological support to anyone who has experienced sexual violence in the past 12 months and can be contacted directly.

My Body Back

www.mybodybackproject.com

The My Body Back Project offers cervical screening, contraceptive care, STI testing and maternity care for survivors of sexual violence.

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LEGAL INFORMATION AND ADVICE

Rights of Women

www.rightsofwomen.org.uk

Rights of Women provides free and confidential legal advice to women who have experienced sexual and/or domestic violence. They can advise on matters relating to family law, criminal law, immigration law, and sexual harassment at work. All advice is provided by qualified women solicitors and barristers.

- Family law advice line: 020 7608 1137 (Mondays 10am-12pm and 2pm-4pm; Tuesdays 2pm-4pm; Wednesdays 2pm-4pm; Thursdays 10am-12pm and 2pm-4pm)
- Criminal law advice line: 020 7251 8887 (Tuesdays 2pm-4pm and 7pm-9pm; Thursdays 2pm-4pm; Friday 10am-12pm)
- Immigration law advice line: 020 7490 7689 (Mondays 10am-12pm and 2pm-4pm; Thursdays 10am-12pm and 2pm-4pm)
- Sexual harassment at work advice line: 020 7490 0152 (Mondays 3pm-5pm; Mondays, Tuesdays, and Wednesdays 6pm-8pm)