

Emergency First: Aid At Work

**Certificated
One Day Course**
Certificate which is
valid for three years



Who should attend?

This course is designed for people who want to receive training in emergency first aid and is especially suited for small groups and charities who should have a qualified first aider on site when delivering projects.



Cost £40.00

13th May 2019 @ 10-5pm

Venue: ASKI @ the Hub

33 Brigstock Road, Thornton Heath CR7 7JJ



What you will learn?

The content of this course provides basic life saving first aid and workplace health and safety regulations, covering the following:

- | | |
|--|--|
| The role of the first aider | Fainting |
| Managing an emergency | Health & safety (first aid) regulations |
| Communication & casualty care | Resuscitation (adult CPR) |
| Bleeding (minor and severe) | Seizures (adult) |
| Burns | Shock |
| Choking (adult) | Unconscious casualty |



Bookings T: 07759194567 | E:  info@aski.org.uk