

# Our News 6

## Geraldine's welcome

Hello welcome to **Our News 6**



Since our last newsletter **pubs** and places to **eat** have opened. Have you been to any of them? What was it like?



We had a busy month The **NHS** asked us to do a **test** on the **outpatient video call**. There were a few **problems** at first with **logging on** and the information was **not** in **easy read**. I did raise this with the NHS and the **test** run was **helpful**.



More good news we received a **donation** from **Croydon Epilepsy Society**. Thank you very much.



**Croydon Mencap** are running a new project called **Volunteering Buddies**. Do you have learning disability? If you would like to be a volunteer buddy please go to **Croydon Mencap website** for more **information**.



It was a **great sadness** to hear the loss of a **lovely** lady **Yvonne** who worked at Croydon Mencap. I will miss our chats at the office. She was a **great asset** to Croydon Mencap and any one else that knew her. She will be very much missed.

## Sedley's Lockdown



We asked **Sedley**, our chair, to talk about **Lockdown**.

Lockdown was a bit **strange** at the **beginning**. I had to adjust things round. My **usual routines** went out the window!



At the beginning of Lockdown I was doing **embroidery**. I wrote **poems**, I've never done that before, it was strange but a great feeling. I did some **gardening** too.



Before Lockdown I worked with Certitude, doing **arts** and crafts and a **choir**. We can't do them so we **zoom** instead.



It feels great to go out; I go out twice a week in my local area, to get my **shopping**. I've got a **face mask** that I feel comfortable in, I don't mind wearing it. The **buses** are getting full now.



I'm most looking forward to going on **holiday** to Brighton, when I know it is safe.

## contact us



07395 789 108



[info@croydonpeoplefirst.org.uk](mailto:info@croydonpeoplefirst.org.uk)



[@croydonpeople](https://www.instagram.com/croydonpeople)



Croydon People First