

JustBe Croydon

Do you want to lose weight, give up smoking, feel healthier or be more active?

Drop In and see a Live Well Advisor for advice and support



1st April to 28th June 2019

Time	Venue	Address
Monday		
9.30am-11am	South Norwood Library	196 Selhurst Rd, London, SE25 6XU
10am-1pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
12pm-1 pm	Ashburton Library	Shirley Rd, Croydon, CR9 7AL
Tuesday		
10am-1pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
Wednesday		
2pm-5pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
Thursday		
10am-1pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
11.30am-1pm	CALAT, New Addington	61 Central Parade, Croydon, CR0 0JD
Friday		
10am-1pm	Healthy Living Hub - Clocktower	Katharine St, Croydon, CR9 1ET
Saturday		
10am-12 noon	Healthy Living Hub	Katharine St, Croydon, CR9 1ET except 20 th April 2019

For more information please call 020 8604 7719

Email - livewell@croydon.gov.uk

Website: www.justbecroydon.org

Updated 28th March 2019 - This may be subject to change