## Creating conversations

Dying well takes planning



Join us online on Zoom for...

## Bereavement Café

Every Monday, 5-6.30pm

Join us for relaxed and friendly conversations about death, dying, loss and bereavement and life. Bring your questions, stories and concerns as we share and appreciate our finite lives together.

Our welcoming cafés are a space for any people of any background, religion, culture, or belief to meet together in a non-judgmental environment. Attendance priority is given to people living in St Christopher's catchment area (Bromley, Croydon, Lambeth, Lewisham and Southwark).

## Please join the Zoom meetings at https://us02web.zoom.us/j/7048734172

You will need a password to access these events online, so please contact Carol Trower at c.trower@stchristophers.org.uk to book your space and receive the password. To find out more about these events visit www.stchristophers.org.uk/creatingconversations.

Please note that these are not counselling forum

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