



YOUR VOICE COUNTS!

We would like you to help us find solutions to improve health and wellbeing in our BME Community

We will be holding discussion groups and would like to hear your opinions on:

- Barriers to health and wellbeing
- Experiences of health and wellbeing services available
- What you would like to learn health and wellbeing
- How you'd like to improve your own health
- How we can support communal health

Please Contact : Naciza Masikini
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Sessions will be held at the Croydon BME Forum, 56A
Mitcham Rd, Croydon, CR0 3RG.