

Croydon Partnership Supports and Interventions available to allocated case workers working across the Continuum of Need

*This directory is under review and we are further developing our mapping. This is a list of known supports and services across Croydon, some of which are provided by partner agencies. If when accessing any of these services, you find that the contact details are no longer valid then please let us know by emailing partnershipearlyhelp@croydon.gov.uk

1. Parenting

Company/ Service name	Description	Request for support	Client Groups Served	Delivered by
Mellow Bumps	Mellow Bumps is a group intervention for mothers-to-be, who might be feeling anxious about the birth of their child.	Referral required through Parenting and Relationship hub: PRH@croydon.gov.uk	Mothers-to-be can access the programme from 20 to 30 weeks gestation	Council
Mellow Parents	Mellow Parents uses a mixture of reflective and practical techniques to allow parents to address personal challenges and challenges with children.	Referral required through Parenting and Relationship hub: PRH@croydon.gov.uk	Mellow Parents is open to parents of children aged 0-3	Council
Triple P	The Triple P – Positive Parenting Programme is a parenting and family support system designed to prevent, as well as treat, behavioural and emotional problems in children	Referral required through Parenting and Relationship hub: PRH@croydon.gov.uk	The Croydon Parenting and Relationship Hub is currently offering Triple P to parents of children aged 0-19	Council

Company/ Service name	Description	Request for support	Client Groups Served	Delivered by
Being a parent (South London and Maudsley)	Peer to peer parenting support programme	Referral required through Parenting and Relationship hub: PRH@croydon.gov.uk	Being a parent is open to parents with at least one child under 5	Council Commissioned Service
Children's centres	Brings together services for families with children under 5 including midwifery, health clinics and breastfeeding support. Delivers to School Readiness outcomes	Through Children's Centres	From pregnancy 0-4 Universal services	Council Commissioned Service
Home Visiting Service (Homestart Croydon)	Home visiting service that supports parents to become self-reliant and have strong and supportive social networks.	Email: contact@croydon-homestart.co.uk Phone: 02086670207 Address: Home-Start Croydon, 1-8 Ramsey Court, 122 Church Street, Croydon, CR0 1RF Office hours: Monday - Friday, 9:30am - 4:00pm	The Homestart home visiting service is open to parents with at least one child under 5	Local branch of national organisation. Part of the service is commissioned
Parent Champions (Homestart Croydon)	Parent champions are volunteers who provide a range of information, advice and guidance through networking and group support to families with children under 5	Community delivery through Homestart	Families with children under 5	Commissioned service
Pathways to Employment (Phase 1 Enterprise CIC)	At libraries and children's centres throughout Croydon	Community delivery as part of the Early Help (Best Start Family Solutions) programme for children under 5.	Families with children under 5	Commissioned Service

Company/ Service name	Description	Request for support	Client Groups Served	Delivered by
Community Builders (Croydon Voluntary Action)	The 8 Community Builders provide training and mentoring support to active citizens, informal volunteers known as Community Connectors, supporting them to sustain activities and develop new enterprises. The approach is about building confidence and resilience in communities, moving away from a culture of service dependency to invite communities to initiate and sustain their own activities and agendas.	Community delivery as part of the Early Help (Best Start Family Solutions) programme for children under 5.	Families with children under 5	Commissioned Service
Edge of Care / Functional Family Therapy	An approach with a focus on children on the edge of care as a priority utilising a range of emotional and behavioural difficulties experienced by young people and their families for example, conflict breakdown, offending, risky behaviours	Referral via Edge of Care panel or fft@croydon.gov.uk	Children aged 10- 17 and their families.	Council
Health visitor services	Universal checks (by appointment at home or in clinic) 2. Additional appointments depending on level of need (at home or in clinic) 3. Child health clinics (open access) 4. Breastfeeding Baby cafes and peer support (Mum2mum programme) for breastfeeding (open access) 5. Specialist health visitor support	Through GPs, Best Start Family Solutions locality service children's centre	Parents and children 0 -4	Health

Company/ Service name	Description	Request for support	Client Groups Served	Delivered by
	<ul style="list-style-type: none"> • Teenage pregnancy • Early intervention • Homeless • Perinatal mental health 			
Baby cafés Various children centre locations	Breastfeeding and Infant feeding support	Pregnant women and new mums and dads	Universal Drop in	Council commissioned
School Nurses	Range of services for school aged children, young people and families 020 8274 6391	School aged children and young people and their families	Universal	Health
School Immunisations	The Immunisation Team provides immunisations to school-aged children according to the national schedule advised by Public Health England		Universal	Health
Family Nurse Partnership	Family Nurse Partnership is a maternal and early years public health programme. It provides on-going, intensive support to young, first-time mothers and their babies (and fathers/ other family members, if mothers want them to take part.	First time parents aged 19 years or under at booking subject to availability. 020 8274 6303	Universal	Health
Time for me	A Crisis support and coping skills group for Croydon parents	Self-referral 0203 228 8541		Health linked to SLAM services
Mum2mum	A Mum2Mum breastfeeding peer support programme operates in New Addington/Fieldway and Waddon.	Self-referral Trish Islam tel: 020 8714 2985	Breastfeeding support to new mums in the New Addington, Fieldway & Waddon area	Health

Company/ Service name	Description	Request for support	Client Groups Served	Delivered by
Stay and Play	Universal service for local community, aimed at parents of pre-school aged children	Children centre provision, contact your local children's centre	Parents of pre-school aged children	Children's Centres
Jubilee parenting	Jubilee Parenting run a range of course and weekly support groups for parents, including those whose children have additional needs	jane.carey@croydon-jubilee.co.uk croydonjubileechurch.blogspot.co.uk/.../parenting.html	Parents of children with disabilities	VCS
Parents in Partnership	PIP services are available free of charge to parents of children and young people with a special need or disability living in Croydon. They can help you if your child or young person is between 0 – 25 years old.	24 George Street,, Croydon, Surrey, CR0 1PB 020 8663 5626 office@pipcroydon.com www.pipcroydon.com	0 – 25 years old	VCS

2. Services for children with Special Educational Needs and Disabilities (SEND)

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Action for children	Information and support for disabled children and their families including short break support	Action for children 01923 361 500	Disabled children and their families	VCS
Children with Disabilities service	Croydon's Children with Disabilities Team provides support for children and young people aged 0-18 years who have a permanent and substantial disability, and their families. The support provided is over and above what is available through universal and community services.	2nd Floor, Bernard Weatherill House, 8 Mint Walk, Croydon, CR0 1EA 020 8726 6400	Children and young people aged 0-18 years who have a permanent and substantial disability, and their families.	Council
Early Years SEND team	The team will work with the child, family and setting to identify the child's skills and encourage progress in play, communication and learning. The Early Years SEND team work closely with family support workers, health and voluntary agencies in Croydon.	Through SPOC: childreferrals@croydon.gov.uk	Children aged 0-5 who have significant developmental delay, disabilities and social communication difficulties both at home and in Early Years settings.	Council

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Early Support Programme	Programme for families whose children, aged 0-5, have complex additional needs and disabilities.	Referrals to the Early Years SEND Team are managed through SPOC: childreferrals@croydon.gov.uk	Croydon families are eligible for this service if they have (or are likely to have) at least four targeted services working with them to support their child (aged 0-5)	Council
Carers information service	Information and advice service for carers living in, or caring for, someone who lives in Croydon.	24 George Street, Croydon, Surrey, CR0 1PB 020 8649 9339 option 1	All carers	
Social communication support	Course for parents and carers that supports understanding of their child's needs but also provides practical advice and guidance on how to support and manage this at home.	EarlyyearsSEND@croydon.gov.uk or tel. 020 8604 7263	Families of children aged 0-5	Council Commissioned Service
Chatterbox	<ul style="list-style-type: none"> •Singing and signing •Communication and visual supports •Small steps to learning •Sensory and messy play •Support for parents and carers 	Delivered through Children's Centres in partnership with the speech and language service	Families of children aged 0-5	Commissioned Service

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Turnaround Centre- Drop in Zone	Including housing advice and specialist support for young people not in education, employment or training	Turnaround centre Monday, Tuesday, Thursday and Friday 10am to 5pm and on Wednesday between 1pm and 5pm	Young people aged 14 – 21	Council
Speech and Language therapy	Speech and language therapists are specialists who provide a service to individuals who experience communication and swallowing difficulties	Croydon University Hospital Mary O'Hara (Manager) Telephone: 020 8401 3103	0-19	Health
Crystal children's development centre	The centre is the main base for children's community health services: Audiology Occupational therapy Physiotherapy They also provide services on site for Speech and language therapy and medical services. All services are by appointment only and referral is made through the following professionals •Health care professionals •Teachers •Educational Peripatetics	Malling Close, Addiscombe, Croydon, CR0 7YD 020 8274 6850	0-4	Health

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Family lives	Offers an independent support service in Croydon, Lambeth and Southwark providing information and support to parents/carers of children and young people with special educational needs and disabilities who are being assessed for an Education, Health and Care Plan.	0203 131 3150 support@familylives.org.uk www.familylives.org.uk/.../IS	0-4	VCS
KIDS London: Sendiass	Independent Support Service croydon	Telephone 0207 359 3635 https://www.kids.org.uk/sendia ss Address: 7-9 Elliott's Place, London, N1 8HX	Children with disabilities and special educational needs	VCS
Croydon Epilepsy society	The Croydon Epilepsy Society provides help, advice and support to people with epilepsy, their families and carers.	07926 372711 croydonepilepsy@gmail.com www.croydonepilepsysociety.o rg/	People with epilepsy, their families and carers	VCS
Disability Croydon	Provides a family navigator service to help access local services. Will go with family members to key meetings and provides support packages to help families deal with issues	020 8688 3622 www.disabilitycroydon.org.uk	Eligibility: Eldest child in the family must be aged between 5 – 10	VCS

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Horizon Care and Welfare Association (HCWA)	HCWA provide advice, information, advocacy, interpreting and translation. Provide domiciliary care for special needs children and families (chargeable service). They also organise outings, have outreach sessions and supplementary classes, as well as provide short breaks for carers and young carers	24 George Street, Croydon, Surrey, CR0 1PB 020 8665 0921	Special needs children and families	VCS

3. Domestic abuse and sexual violence services

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Family Justice Centre	Provide a range of partnership approaches that respond to domestic violence. These are delivered by a range of professionals and high risk cases are referred to the Multi Agency Risk Assessment Conference (MARAC)	Co-ordinated through the Family Justice Centre: 020 8688 0100	Services directly available to victims, survivors and families of Domestic and Sexual Violence	Council
RASAC (based in Croydon)	Rape and Sexual Abuse Centre and Rape Crisis South London provide face-to-face counselling for women aged 13 and above, who have been raped or sexually abused at any time in their lives and who live and/or work in any of the South London boroughs	Self-referral 0808 202 9999 http://www.rasasc.org.uk	Aged 13 upwards	VCS
Hestia (Croydon voluntary action)	Hestia is the largest provider of domestic abuse refuges for women and children. Three safe houses in the Croydon area and also provides a Floating Support Service for service users who live in the Croydon Area. They work very closely with the Family Justice Centre regarding temporary emergency safe beds in Croydon for Families fleeing abusive relationships	pauline.powell@hestia.org or through the Family Justice Centre: 020 8688 0100	Service users who live in the Croydon Area	VCS

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Tender	Working with young people to prevent domestic abuse and sexual violence by promoting healthy relationships based on equality and respect	http://tender.org.uk	8-19	VCS

4. Emotional Wellbeing and Mental Ill Health

Company Name/Service name	Description	Contact Info	Client Groups Served	Delivered by
CAMHS (Children and Adolescent Mental Health Services)	CAMHS is used as a term for all services that work with children and young people who have difficulties with their emotional or behavioural wellbeing. Children and young people may need help with a wide range of issues at different points in their lives. Parents and carers may also need help and advice to deal with behavioural or other problems their child is experiencing.	<p>CAMHS in Croydon can be access through the Single Point of Access (SPA). The SPA brings together all the local services offering emotional support, counselling, mental health assessment and parenting support. These services can be found at: http://www.croydonccg.nhs.uk/your-health/mental-health/Pages/Child-and-Adolescent-Mental-Health-Services.aspx</p> <p>CAMHS can also be contacted on 020 3228 0000</p>	Aged 0-25	Health

The following services sit within the Single Point of Access through CAMHS:

Company Name/Service name	Description	Contact Info	Client Groups Served	Delivered by
Croydon Drop-In	This service provides youth counselling service, IAA, parenting classes, debt and housing advice, relationship-building, training and education, Infant-Parenting Support.	Croydon Drop In 132 Church Street Croydon, Greater London CR0 1RF 020 8680 0404 enquiries@croydondropin.org.uk http://croydondropin.org.uk/	Aged 0- 25	VCS
Talkbus (part of Croydon Drop-In)	Talkbus is a mobile unit which travels around the borough delivering sessions in public venues as well as schools, colleges etc. The team is made up of qualified youth workers who have specialised in areas such as substance misuse, sexual health, emotional wellbeing and the law. They provide a much needed information service primarily to young people across different sites in Croydon. The Talkbus will also be able to undertake a safeguarding risk assessment and will provide a pathway for young people into our counselling and A&A services.	132 Church Street Croydon Surrey CR0 1RF 020 8680 0404 Visit http://croydondropin.org.uk/outreach to find out when Talkbus sessions are happening near you	Young people aged 14-25	Council commissioned service
Off The Record - Youth Counselling Croydon	Provides a range of free, friendly and accessible support services for young people aged 14-25 who live, work or study in the Croydon and Sutton area. Our services including counselling, online counselling, support to young refugees, asylum	72, Queens Road Croydon Surrey CR0 2PR 020 8251 0251 info@offtherecordcroydon.org https://www.talkofftherecord.org/	Young people aged 14-25 Young Carers service: aged 7+ Young refugees/asylum seekers: 11+	VCS

Company Name/Service name	Description	Contact Info	Client Groups Served	Delivered by
	seekers and support to young carers.			
South London & Maudsley NHS Trust Child & Adolescent Mental Health Services (SLaM CAMHS)	They offer specialist CAMHS assessment and intervention for emotional, behavioural and mental health concerns that are moderate to severe in children and young people up to the age of 18 years. The service offers assessment, and a wide range of treatment interventions.	020 3228 0000 https://www.croydon.gov.uk/healthsocial/families/camhs Or speak to your GP for a referral	Aged 0-18	Health
The following are other emotional wellbeing and mental health services:				
Croydon IAPT Psychological Therapies Service	Free confidential service that supports adults aged 18 years and over who are experiencing low mood, depression and anxiety.	You can self-refer to these services and do not need to be referred by a GP. You can find out more about the service and if it would be suitable for you on the IAPT website: https://slam-iapt.nhs.uk/croydon/welcome-to-croydon-iapt/	Aged 18+	Health
Mind in Croydon's Social Networking Service	Mind in Croydon's Social Networking Service provides support for people who are experiencing or recovering from mental health problems to engage in activities in the community as part of their recovery. These include activities relating to sport and exercise, family and neighbourhood, faith and cultural	http://www.mindincroydon.org.uk/social-networking.asp 020 8688 1210 fairfield@mindincroydon.org.uk	People who are experiencing or recovering from mental health problems to engage in activities in the community as part of their recovery.	VCS

Company Name/Service name	Description	Contact Info	Client Groups Served	Delivered by
	communities, education and arts and culture.			
Young Carers support services	Off The Record	020 8649 9339 (option 2) Email: youngcarers@talkofftherecord.org	Aged 7-25, live in Croydon and are caring for someone with a physical disability, mental health issue, long-term illness or learning difficulty	Council
The Children and Young People (CYP) Service	Support for children and young people aged 4–17 affected by crime	Run by an arm of Victim support www.victimsupport.org.uk	CYP aged 4–17 affected by crime	VCS
Centre of Change Project	Counselling service, mentoring, group sessions, offering support and advice to young people. The service also provides information and advice on education and sexual health, and music workshops, dancing sessions and boxing.	111 Chertsey Crescent New Addington Surrey CR0 0DH 0775 870 2452 centreofchangeproject@hotmail.co.uk http://www.centreofchange.org.uk/	Young People, Offenders/Ex-Offenders/At Risk Of Offending, Women, AdultsAge ranging from 4-25	VCS
Full Circle Counselling Agency	Drug, anger Counselling, anger management, art-based work, harm reduction and education involvement - for young people.	The Vestry Hall London Road Mitcham Surrey CR4 3UD 020 8640 3333 info@mvsc.co.uk https://www.mvsc.co.uk/	Young people aged 11-25	VCS

Company Name/Service name	Description	Contact Info	Client Groups Served	Delivered by
Duffus Cancer Foundation (DCF)	IAA and practical support service to meet the needs of children and young people affected by Cancer. Practical and Social Support as well as Advice and Information enhancing their future life and well-being.	CVA Resource Centre 82 London Road Croydon CR0 2TB 07803 083 930 info1.dcf@gmail.com http://duffuscancerfoundation.org	Young people aged 12-19 affected by cancer	VCS
Victim Support	Provides emotional and practical support to assist people who have been affected by crime in variety boroughs in London with one of them being Croydon	17-19, Falcon Road Clapham Junction London SW11 2PH 020 7801 1777 https://www.victimsupport.org.uk/ Sheila Conway	For all age groups.	VCS
MENT 4	Provides one to one specialist mentoring for 12 to 17 year olds with emotional and behaviour difficulties.	Peter Stanley 07752 817 882 info@ment4.org	12 to 17 year olds	VCS
Croydon Turning Point	Turning Point operates the Croydon Recovery Network from locations across the borough.	Lantern Hall, 190 Church Road Croydon Greater London CR0 1SE 0208 253 1040 http://www.turning-point.co.uk/croydon-young-peoples-substance-misuse-service.aspx	Croydon Recovery Network is for anyone aged 18 or over registered with a GP in Croydon and with a drug or alcohol issue. Also supports family and friends of someone using drugs	VCS
Improving the emotional wellbeing and emotional resilience of	Pilot project aiming to address the lack of consistent, early and effective support for emotional wellbeing in our children and young people by taking a whole system approach to	Portia Kumalo South West London Health and Care Partnership representing all SW London CCGs	Children and young people at risk of being: <ul style="list-style-type: none"> excluded, 	Consortium (Not approved yet)

Company Name/Service name	Description	Contact Info	Client Groups Served	Delivered by
children and young people in South West London	identifying these children early and providing the right support.		<ul style="list-style-type: none"> joining gangs, entering the criminal justice system 	
Adfam	Dual diagnosis - Family support and Advocacy group Peer support and advocacy group for families with loved one who use drugs or alcohol and also have a mental health problem	Contact Rob on r.stebbing@adfam.org.uk or 020 3817 9410	Families whose loved ones use drugs or alcohol and also have a mental health problem	Adfam
SLaM Children and Adolescent Eating Disorder Service (CAEDS)	The service provides a community based eating disorder assessment, treatment and care for children and young people with severe physical and psychological problems relating to eating disorders.	Self-referral telephone line for young people and their parents – call 020 3228 2545 (line open 9.00am – 6.00pm)	Children and young people with severe physical and psychological problems relating to eating disorders.	SLaM

5. Youth Services

Company/ Service name	Description	Contact Info	Client Groups	Delivered by
The Bridge Youth Club	An environment where young people can engage in various youth club activities, while also sharing their feelings about their sexuality, sexual orientation and gender identity	Sarah: youth@metrocharity.org.uk https://www.metrocentreonline.org/youth	The Bridge runs two weekly groups, one for people aged 11 – 16 and one for people aged 17 – 25	Council Commissioned
Croydon Health Services NHS – Young People's Sexual Health Service	To improve the sexual health of Croydon young people. For information on local services check out: www.gettingiton.org.uk	https://www.gettingiton.org.uk/	13-19 year olds	Health
The Children and Young People (CYP) Service	Support for children and young people aged 4–17 affected by crime	Run by an arm of Victim support www.victimsupport.org.uk	CYP aged 4–17 affected by crime	VCS
CHECK NAME				
Safer London	Empower services for young people who have experienced sexual exploitation since 2011 Young men's service works one-to-one with young men aged 11 to 18 with harmful or inappropriate attitudes to sex and relationships London Gang Exit	0207 021 0301 info@saferlondon.org.uk https://saferlondon.org.uk/ Through the Croydon Youth Offending Service	11-18	Council commissioned
The Point	Sexual Health clinic specifically for young people (18 or under) only. It is open for walk in appointments on Tuesday afternoons between 3.30pm and 5.30pm Young people Specialist Nurse available	Self-referral 020 8401 3002	Young people aged 18 or under	Health

Company/ Service name	Description	Contact Info	Client Groups	Delivered by
School holiday provision	Offer for Easter and Summer holidays and half terms x3 At least 3 activities/projects a week through each holiday- pop up events One off events for specific groups of young people	Youth engagement service Croydon Council 020 8726 6000	8-19 year olds	Council
Annual events	<ul style="list-style-type: none"> •Croydon Young Mayor and Deputy and Young Mayor's Fund •Takeover Challenge (Winter) •GCA (Good Citizenship Award) •LAC/CiCC celebration/awards night (Autumn) •Youth Congress •Youth Arts Takeover (Autumn) •PlayFest (Summer) 	Youth engagement service Croydon Council 020 8726 6000	8-19 year olds	Council
Youth hubs, safe places for young people to access services in the community	Management of three youth hubs (and support for forth hub in another service) additional support for community hubs managed in the voluntary sector	Youth engagement service Croydon Council 020 8726 6000	8-19 year olds	Council
Refugee Youth	Aims to combat the alienation that young refugees in the UK can experience, by supporting different opportunities for their development, inclusion and integration into the wider community	https://www.refugeecouncil.org.uk/contact/2574 the childrens section If you are a child under 18 please contact our Children's Section call 020 7346 1134		Refugees Council (Charity)

Company/ Service name	Description	Contact Info	Client Groups	Delivered by
Sir Phillip Game Youth Centre	Youth club with a range of activities on offer in Addiscombe	http://www.spgcentre.co.uk 020 8662 9222		Charity
Monk's Hill Youth Club	Youth club sessions in Monk's Hill	https://www.stfrancismonkshill.org.uk/monks-hill-youth-club For more details please contact Youth worker, Alice on 07985936185 Every Thursday, 6.30-8.00pm, at Monks Hill Sports Centre, Farnborough Rd	Age 11-18 yrs	VCS
Making Trax	Make Trax is a flexible, personalised programme for young single parents aged 16-29 who are not in employment or education and living in the Croydon area	https://www.gingerbread.org.uk/skills-and-learning/who-we-work-with/make-trax	Young single parents aged 16- 29 who are not in employment or education and living in the Croydon area	

6. Sports Engagement and Physical Wellbeing

Company/ Service name	Description	Contact Info	Client Groups	Delivered by
Boxing Futures Ltd	Boxing & Boxercise training to engage and empower with disadvantaged young people, promoting physical and mental well-being.	Swann Gardens 10, Piccadilly London W1J 0DD 020 3031 6439 Anthony York info@boxing-futures.org.uk Anthony.york@boxing-futures.org.uk http://www.boxing-futures.org.uk/	Young people aged 16-25 that are NEET, Young Adult Offenders, those at risk of offending, young victims of crimes & abuse and other socially and economically disadvantaged groups.	VCS
JAM total sport	Is an organisation that provides sessional sports activities for young people as a way of keeping them engaged as well as fit.	The Chevening Hub, Chevening Road, Upper Norwood, Recreation Ground. SE19 3TE 07915 440 362 Johnathanmoore@jamtotalsport.com www.jamtotalsport.com	Age groups of: 5-11 12-18 18+	VCS
CR3 Youth Project (Skaterham)	Community Project primarily run as a Skatepark. Has been operational for 14 years on an affordable for all basis.	Skaterham, The Chapel (opposite Tesco) The Village, Guards Avenue Caterham, Surrey CR3 5XL 01883 348 184 marilyn.payne2@ntlworld.com http://www.skaterham.com	Young people ages ranging from 5 to 25+.	VCS

Company/ Service name	Description	Contact Info	Client Groups	Delivered by
Croydon Borough Girls Football Club	Female only football club offering quality training, competitive matches in a safe and friendly environment.	28 Wellesley Rd, Croydon, CR0 2AD, UK daveharris01@btinternet.com	Under 15 girl's football team. Website says they are currently recruiting 16/17 year olds.	VCS
FSE Community Group	Increasing the opportunities for young people to access a variety of sports. Offers sports training and education on healthy eating.	Selhurst Park London SE25 6PU 07849 883 520 fsegroup@mail.com http://fsecommunitygroup.btck.co.uk/	Young people aged 5-16	VCS
Reaching Higher	Reaching Higher works have created a coaching environment where young people can engage in a wide range of activities, which are used to build their self-esteem and to develop problem solving, communication, team working and leadership.	South Norwood Methodist Church Suffolk London SE25 6EG 020 8768 5853 020 8945 5560 chris@reachinghigher.org.uk http://www.reachinghigher.org.uk/	Young people aged 13 -18 Employability days: 15 -21 year olds	VCS
Gloves not Gunz	Gloves Not Gunz supports the community to tackle youth violence and crime. They offer mentoring and education to young people using the art of boxing as a tool for engagement.	Norbury Park Pavilion Norbury SW16 3LX 07583 574 288 info@glovesnotgunz.com http://fsecommunitygroup.btck.co.uk/	Young people aged 10-24	VCS

Company/ Service name	Description	Contact Info	Client Groups	Delivered by
Palace for life foundation	Palace for Life Foundation cover a broad spectrum, from football sessions for young people with a disability, to delivering engaging assemblies and workshops in local schools and colleges. Targeting young people in areas of deprivation, offering free sessions in sport and other activities, alongside pastoral support, to instil positive values and help prepare our participants for a better life.	Selhurst Park London SE25 6PU 020 8768 6047 admin@palaceforlife.org www.palaceforlife.org	Boys and girls aged 11 years and over.	VCS
Fight 4 Change	Fight 4 Change is a registered Sport for Development charity, using sport to inspire and educate young people and adults to make a positive change in their lives. Our programmes use a range of sports including boxing, martial arts multi sports and fitness training to support, mentor and progress marginalised young people since 2009.	Telephone: 02077171691 Mobile: 07791638683 Email: info@fight4change.org.uk	14-25 year olds	VCS

7. Housing, Homelessness and Independent Living Skills

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
CAYSH Housing Project	Support for young people at risk of/suffering from homelessness to help them gain independence. Advice, skills development, security/concierge service, lodgings, housing pathways.	CAYSH Head Office 2 Whitgift Street, Croydon CR0 1FL 020 8683 0227 info@caysh.org http://www.caysh.org/	Young people (generally aged 16-25).	Council commissioned
Evolve Housing and Support	Range of supported housing services to 545 vulnerable, homeless people of all ages in the London Boroughs of Bromley, Croydon, Lambeth, and the Royal Borough of Kensington and Chelsea. Also runs community based projects including: a Community Host scheme providing placements for 16-18 year olds with local families; a Customer Employment Partnership offering jobs within the housing sector to people with experience of homelessness; a counselling service; and mentoring and volunteering opportunities across all four boroughs.	Marco Polo House, 8th Floor 3-5, Lansdowne Road, Croydon Surrey CR0 2BX 020 7101 9960 enquiries@evolvehousing.org.uk	Homeless/In Housing Need, Adults, Young People	VCS

Elevating Lives	Elevating lives offer help and support to the homeless via their supported housing, workshops and programs. They provide support including: Housing for the homeless, Counselling and mentoring services, Benefit help and advice and volunteering opportunities Motivational Workshops, ex-offenders, recovering addicts, those fleeing Domestic Abuse, people with learning difficulties and people with mental health problems.	43 Oakland Avenue CR7 7PD 07923 957 262 info@elevatinglives.co.uk www.elevatinglives.co.uk	Aim to help the most vulnerable people in society, those who for all sorts of reasons may find themselves homeless and without the support they need to get back on their feet	VCS
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8. Education and Employability Skills

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Music Relief	Empowerment workshops for youths and women to inspire, build confidence and boost self-esteem. The workshops are geared towards creatively transforming the individual, leaving them enlightened with practical skills to apply in the pursuit of their own goals.	Petchey Centre 6-9, Violet Lane Croydon London CR0 4HX 020 3633 0560 office@music.relief.com https://music-relief.com/	Young people aged 8-15 years old	VCS
London Youth - Running the Talent Match Programme	Personalised service where young people are matched to a mentor who will support the steps towards their chosen career pathway. Also helps develop six key capabilities: self-awareness, self-motivation, receptiveness, self-assurance, resilience, and being informed.	47-49 Pitfield Street London N1 6DA 07808 322 983 21 wayside New Addington Croydon CR0 9DX 01689 8673 66 http://londonyouth.org	Young people aged 18-24	VCS
ARC Intervention Services Ltd	Literacy tuition/1:1s for students who are struggling to make the Level or Grade they should be. Targets young people from disadvantaged backgrounds.	12 Trafford Road, Thornton Heath, Surrey CR7 6DQ	Schools, Young People, Children & Early Years, Learning Disabilities	VCS
CACFO Education	Aims to provide an inclusive and diverse place of learning that allows young people to overcome challenges, fears and low self-esteem whilst developing their academic and personal skills. Educational provision for students	40, Northwood Road Croydon CR7 8HQ 020 8771 6222	Young People, Schools, Families Children aged 11-16	VCS

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
	who are out of mainstream education from years 7 to year 10.			
Croydon Youth Computer Skills Empowerment	Computer skills training such as in: web design; computer maintenance; video production and editing; publishing projects e.g. designing business cards etc.	137, Fairchildes Avenue Croydon Surrey CR0 0AP 07944 347 157	11 years and onwards	VCS
Ficos World	Youth led group which runs a bi-weekly youth forum targeted at young people aged 11 - 18 teaching about not becoming a product of your environment, business principles, attitude to work and education via workshops, social activities & major events.	23 Frederick Gardens Croydon CR0 2PP, 07961 208 856 ficos_world@hotmail.com	Young People aged 11-18	VCS
Fit 2 Learn CIC	Works with schools, community groups and individuals to explain the causes of learning difficulties and the exercises that will help to resolve them.	17 Temple Road, Croydon, England, CR0 1HU 020 8760 5037 info@fit-2-learn.com	3-70 years old	VCS
Good Food Matters	Teaching children, young people and families how to cook for health	Mickleham Way, New Addington, Croydon, CR0 0PN 079 5152 3109 david@goodfoodmatters.org.uk www.goodfoodmatters.org.uk	Children & Early Years, Families, Young People, Offenders /At Risk Of Offending	VCS
The Lions Society	<ul style="list-style-type: none"> • Mentoring • Teaching and guidance • Talks and workshops. • Barbering skills 	07932 365 590 thelionssociety@gmail.com	Ages 11 years onwards	VCS

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
GT Scholars CIC	Social enterprise that helps students from lower income homes gain access to the most selective universities. Offers group tutoring on a weekly basis, mentor support and enrichment activities such as STEM activity days, study skill workshops, career days and trips to the city. Also runs parent workshops and community engagement events to ensure that parents are aware of local opportunities available to them.	Southern House 5th Floor, Wellesley Grove Croydon Surrey CR0 1XG 020 8816 8066 recruitment@gtscholars.org	Young People, Schools, Families, Black & Minority Ethnic (Any). Aged 11-18 Pupils do not need to be referred or pre-selected by their school in order to qualify for support.	VCS
Do It Generation Ltd	Arts classes Children and Young people. Outreach work with schools and the community.	56 Malvern Road, Thornton Heath, Croydon, Surrey, CR7 7LQ 07586 805 466 doitg@hotmail.com	Adults, Children & Early Years, Young People, Families. Primary school and secondary school children	VCS
Lingua house	Teaches basic English to refugees and asylum seekers in Croydon on Sundays	07402 737 673 linguashouse@gmail.com info@linguahouse.net www.linguahouse.com	Refugees/Asylum Seekers, Young People. 11-24 years old	VCS
Jimmy Asher Foundation based in tooting but has delivered projects across London	Deliver a variety of programmes including Sport, Drama, Music, Media and Healthy Cooking in order to help young people develop into responsible adults	info@jimmyasherfoundation.org http://www.jimmyasherfoundation.org 020 3879 952	Young People, Children & Early Years, Voluntary And Community Groups, Volunteers. 11-19 years old and can be up to 25 years old	VCS

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Addington Afro-Ethnic Health Promotion Group	Supports local African community with health education, poverty and social exclusion. Targeted support to families and young people. Teaches English as a second language (ESOL), African languages, and African music, dance and drama classes.	Cornerstone House, 14 Willis Road , Croydon CR0 2XX 020 8684 3208 aaegro2000@yahoo.co.uk	Families, Young People. 11-18 years old Does projects for young and old people	VCS
Another night of sisterhood	Female led community organisation that looks to support primarily women and young people through; Peer Learning, Informal Education, Group Therapy, Community Awareness Initiatives, Joint Enterprise Working, Floating Family Support, and One-to-one sessions.	49 Farnley Road, South Norwood, London, SE25 6NX Donna Murray Turner 07957 958 285 bigfood.dmt@gmail.com www.anothernightofsisterhood.com	Women and young people.	VCS
Croydon Black Boys Can	Raising the social and academic aspirations of BME boys and other disadvantaged groups aged 7-16 years. The project works with boys and their parents delivering workshops to both groups.	020 8655 0071	BME aged 7-16	VCS
Cassandra Learning Centre	Engages adolescents and young adults in learning situations that will alert them to the signs and symptoms of an abusive relationship, to teach the benefits of appropriate decision-making, and to reinforce positive thinking.	1433B London Road, Norbury, London SW16 4AW Office: + 44 (0) 203 601 7475 M: +44 7852525468 Info@clcentre.org.uk	Aged 13-25 Autistic group from five years old.	VCS

Company/ Service name	Description	Contact Info	Client Groups Served	Delivered by
Learning Access service	<ul style="list-style-type: none"> • Children Missing Education • Missing Monday Panel • School Attendance • Elective Home Education • School exclusions • Fair Access Panel • Licences for Children in Employment and Entertainment 	Croydon council 020 8726 6000	School aged children	Council

9. Social Activities/Respite/Short Breaks

Company/ Service name	Description	Contact Info	Client groups served	Delivered by
Croydon Methodist Circuit	Croydon Methodist church runs regular programs for young people of all different ages with the aim to help them build strong relationships and make positive influences in their communities.	www.croydonmeth.org Lindsey@croydonmeth.org 020 8653 2424	Young people aged 0-18	VCS
White hut studios	White Hut Studios is a professional recording complex based in Croydon, South London that's perfect for young creative who are looking for a perfect place to produce their future hits. A professional recording complex that's perfect for creatives who are looking for a perfect place to produce their future hits. They offer and deliver music workshops at different levels including	Unit 22, Vulcan Way, Croydon, CR0 9UG 020 8406 0726 Silvester or Miriam http://www.whitehutstudios.com/	Primary, secondary and further education children and young people. They also offer music workshops to young offenders and youth services.	VCS
Timebridge Youth Centre	Youth Centre	Fieldway, New Addington, Croydon, Surrey, CR0 9AZ 01689 842 992 http://www.timebridge-centre.co.uk/	Aged 8-13	VCS

Croydon Phab Youth Club	Croydon Phab Youth Club is an inclusive youth club for disabled and non-disabled young people.	Eldon Phab Hall, Dering Place, Off Southbridge Road Surrey CRO 1DT 07930 202 242 croydonyouth@phab.org.uk https://www.phab.org.uk/	Disabled People (Any), Children & Early Years, Young People (aged 9-25)	VCS
1st New Addington Scout Group	This organisation provides fun, adventurous and challenging activities for young people.	Goldcrest Youth Centre, Goldcrest Way, CR0 0PL 0845 2658 311 pjtarrant@hotmail.co.uk http://www.croydonscouting.org.uk/	Aged 6-14 and living in Fieldway or New Addington	VCS
Girl guiding Addiscombe District	This organisation empower girls, to grow and get involved in activities no matter their background or ability. Girls are free to be themselves.	07906 872 166 rose7912@hotmail.co.uk www.girlguidingcroydon.org	Young people aged 5-26	VCS
The Hive, Croydon	The HIVE, is a charity aimed at young people that establishes credibility in the community through their Executive Director and Trustees.	The Hive Croydon c/o St Andrew's Church Southbridge Road Croydon CR0 1AG 07921 579 805 tnorton@thehive-croydon.org http://www.thehive-croydon.org	Young people aged 5-14	VCS

Youth Action for Monks Hill	Monks Hill Youth Club offers cooking, games consoles, discussion, sport and a tuck shop.	Monks Hill Sports Centre, Farnborough Avenue. CR2 8HD 07985 936 185 http://www.croydonyps.org.uk/activity/monks-hill-youth-club/ www.stfrancismonkshill.org.uk	Young people aged 11-18	VCS
Croydon Youth Theatre Organisation (CYTO)	Provides opportunities for young people to develop and create live theatre and performance that is fun, inclusive and relevant to their lives	The Shoestring theatre Oakley road, South Norwood SE25 4XG 0208 655 1098 https://www.cyto.org.uk/	Young People Drama workshops 13-21 years old	VCS
44th Croydon Air Scout Group	Scout Active Support allows people to give their time to Scouting on a flexible basis.	St Andrew's Church Hall, Quadrant Road, Thornton Heath, CR7 7DA 020 8771 9445 084 5300 1818 info@croydonscouting.org.uk http://www.croydonscouting.org.uk/	Young people aged 6-18	VCS
CAYSH	CAYSH works with young people facing homelessness in London, providing safe homes and support to enable them to achieve their potential.	CAYSH Head Office 2 Whitgift Street, Croydon CR0 1FL 0208 683 0227 07718093893 Ann.tighe@caysh.org www.caysh.org	Young people aged 16 - 21	Council commissioned

PlayPlace Innov8 CiC	Providing a range of activities on a not for profit basis for children, young people and communities	https://www.playplace.org	8-19 year olds	VCS
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10. Youth Offending/Crime Reduction

Company/ Service name	Description	Contact Info	Client Groups	Delivered by
JAGS Foundation	aims to raise awareness of youth on youth violence by providing services and safe spaces for healing, education, empowerment and restoration	24 George Street Croydon CR0 1PB 020 8663 5636 07432152315 http://www.jagsfoundation.org admin@jagsfoundation.org	Black & Minority Ethnic (Any), Offenders/ /At Risk Of Offending, Women, Young People Ages 11-18 depending on the programme	VCS
Foundation 4 Life	Behavioural Modification Workshops/ Programmes for young offenders or young people considered to be at risk of offending/ re-offending.	96 Park Lane, Croydon, Surrey, England CR0 1JB denzle@foundation4life.co.uk www.foundation4life.co.uk 020 8662 4480	Young people who either have offended or are at risk of offending. Ages 11-17 –it may depend on the type of service	VCS
Mighty Men of Valour	Aims to improve the quality of life for children, spouses and community by reducing and eradicating indecent and immoral behaviour committed by men. Delivers support in a number of areas including mentoring support within schools, working with Probation and the Youth Offending Service. Support for men and young people in Social Care and respite for young people. Men's only forum to discuss 'taboo'	14 Willis Road Croydon CR0 2XX 0800 0731325 mightymenofvalour@live.co.uk http://mightymenofvalour.org/	Men (young and old) Women	VCS

	subjects such as DV, anger management and fatherhood.			
Syrus consultancy	Syrus Consultancy CIC delivers crime prevention workshops using personal development tools and the creative arts. We specialise in transformational workshops and programmes that deter children and young adults from negative lifestyles	Kreativ Monstarz Studio, 20A, Scream Studios, Room 7 South End, Croydon, CR0 1DN +44 203 744 0551 Christopher Syrus info@syrusconsultancy.com http://syrusconsultancy.com/	Children and young adults 11-18.	VCS
Lives not Knives	Aims to make people aware of the dangers of knife crime. It has since moved towards supporting young people into education, employment and training.	LNK Unit, Upper Mall Centrale Shopping Centre Croydon CR0 1TY 020 8681 8244 Eliza Rebeiro- eliza@livesnotknives.org Alisha Bryan Fido Alisha@livesnotknives.org info@livesnotknives.org http://livesnotknives.org/	Young people up to the age of 24, as well as a great number of local businesses – forging the connection between young people and prospective employers.	VCS
Twilight Bay Social Solutions	Twilight Bay provide custom training which are designed to raise individual awareness & self-esteem that have been proven to combat the many ills plaguing society today.	226 Maddison House, Unit 180 High Street Croydon Surrey CR9 1DF 0208 251 0073 07817650843 twilight@socialsi.com	Individuals age 12+	VCS
Access Music Media	This organisation aims to provide education through the use of music as well as permits young people to have a voice through music.	82 London Road, Croydon, CR0 2TB Isaac Edwards accessmusicmedia@gmail.com	11 years +	VCS

11. National organisations offering general support

Service	Description	Contact info	Client groups
Childline 24 hour helpline	1-2-1 Counsellor chat , advice & support on anything that is a worry for children /young people	www.childline.org.uk 0800 1111	Children and young people aged 18yrs and under
The Mix	Information & advice on everything on a Free & confidential multi-channel service. That means you choose how you access support without the worry of anyone else finding out. Can be through articles, video, phone, email, peer to peer or counselling services	www.themix.org.uk 0808 808 4994	Under 25's
Shelter	Provides advice /information on any housing issues, homelessness /evictions etc	http://england.shelter.org.uk/ 0300 330 1234 Helpline – mon-fri 9-6pm info@shelter.org.uk	Anyone
PAPYRUS-Prevention of Young Suicide	www.papyrus-uk.org Hopeline -0800 068 4141 Mon-fri 10am-10pm, weekends- 2-10pm & bank holiday 2-10pm	Confidential practical support & advice to young people and anyone worried about a young person who may be at risk of suicide	Young people
CALM-Campaign against living miserably	Emotional support for suicidal men	www.thecalmzone.net Helpline- 5pm –midnight everyday London- 0808 802 5869 Nationwide- 0800 58 58 58	Men
Samaritan's	Mainly suicide prevention but Offers safe place to talk about anything	www.samaritans.org 116 123 free from any phone	Under 18 and over
Sane –Mental Health charity	Mental Health –work to improve lives of anyone affected by mental illness	www.sane.org.uk 0300 304 7000 4.30pm- 10.30pm everyday	Anyone affected by mental illness
Mind –Mental Health	Information/support on mental Health	https://www.mind.org.uk/ 0300 123 3390 mon- fri 9-6pm	Anyone that has mental illness, supports someone with mental

		Service users/professionals, carers/family member	illness or is worried about someone, professionals etc
Anxiety UK – Mental Health	Advise/information Support for those diagnosed with anxiety and support with phobias	www.anxietyuk.org.uk 08444 775 774	Children/Young people /Adults
No Panic –Mental health	Advise/information for those who suffer with panic attacks, phobias, obsessive related anxiety disorders, including those trying to give up tranquillizers No panic also provides support to carers of people who suffer from anxiety disorder.	www.nopanic.org.uk Youth Helpline- 0330 606 1174 Helpline- 08449674848	Youth Line- Young people under aged 20 Helpline – Anyone
Frank	Advice, information, advocacy for anything to do with drugs	www.talktofrank.com/contact-frank 0300 123 660 Live chat-2-6pm SMS- 8211	
Survivors Of Bereavement by Suicide	Support for those bereaved by suicide	www.uk-sobs.org.uk 0300 11 5065 Mon- Fri 9am-9pm	18 and over
CHICKS	CHICKS (Country Holidays for Inner City Kids) provides free, week long respite breaks for disadvantaged children aged between 8-15 living in the UK	CHICKS Moorland Retreat Brentor Tavistock Devon PL19 0LX 01822 811 020 info@chicks.org.uk https://www.chicks.org.uk/	Children & Early Years, Young People, Volunteers Children referred must e between 8 and 15 years old
Go wild With Us	This organisation aims to reconnect people with their wild and adventurous selves! We believe that everyone needs regular contact with nature.	http://www.gowildwithusuk.com 07729769663	Ages 3-16 (up to 25 with disabilities)
Children's trust	The Children's Trust runs the UK's largest rehabilitation centre for children with brain injury, It also provides education for children with profound and multiple learning	01737 365000 enquiries@thechildrenstrust.org.uk	Rehabilitation centre for children with brain injury

	difficulties; and a range of therapies and care for children with complex health needs; short breaks and holiday camps.	www.thechildrenstrust.org.uk	
Contact a family	Contact is the charity for families with disabled children. We understand that life with a disabled child brings unique challenges, and we exist to help families feel valued, supported, confident and informed.	209-211 City Road,, London, EC1V 1JN Helpline: 0808 808 3555, 020 7608 8700	
Family Rights Group	They advise parents, grandparents, other relatives and friends about their right and options when social workers or courts make decisions about their children's welfare.	Telephone Advice Line If you are a parent, family member or friend of a child, in England or Wales, who has social workers involved in your child's life, or if you need extra support from Children's Services, and would like to speak to an adviser, please call our free and confidential helpline. 0808 801 0366 (Monday to Friday 9.30am to 3pm)	Parents whose children are in need, at risk or are in the care system and with wider family who are raising children unable to remain at home.
NHSGo	Provides advice to children and young people, using NHS Choices content on conditions, rolling content on topical matters, a service finder and information about rights for children and young people.	Free to download app on Apple and Android app stores. You can also see all content online at www.nhsgo.uk	Available to all children and young people in London.