

## Geraldine's welcome



Hello everyone, it is time for another Our News. we are at the start of a New Year; I hope in a few months things will be better and we can look forward to meeting up again.

## Looking for new Trustees



Do you believe in people with a learning disability having a **voice**?

We are looking for **new Trustees** to join us.

Look out for more **information** coming soon or **contact** us, **details** on the **back page**.

## Partnership Board

I attend the Partnership Board 4 time a year as the **Co-Chair**.

The board talks about things that **concern** people with a **Learning Disability**.

For example public transport, health and wellbeing.

If you have anything you would like me to **raise** let me know by **Monday 1st March**, **contact** details on the **back page**.

## Keep In Touch

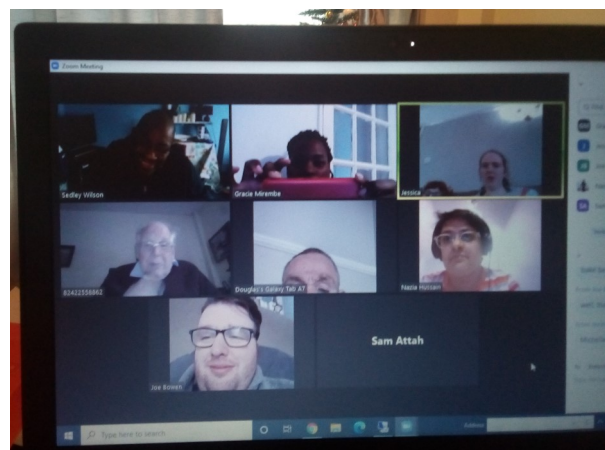
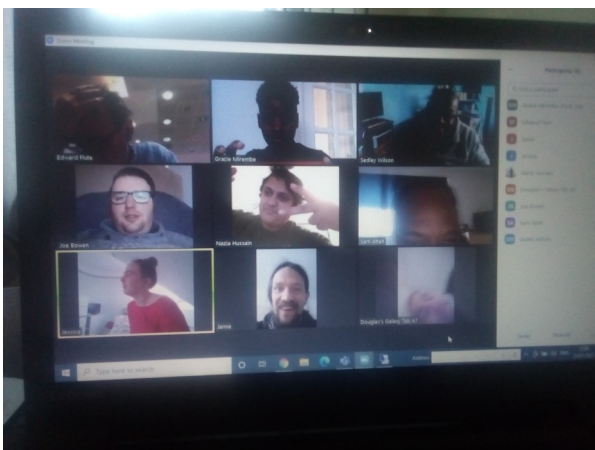
Members have met **together** to chat each Monday afternoon. We have talked about **hate crime** and **mate crime**, how to keep **busy** in **lockdown**, **friendships** and **relationships**. Here's what we said about friendships:

a **friend** can be your shoulder to lean on

they can **look out** for you

a friend can look after you and can be your **soul** sister or brother

can make you **laugh**



# Friends and Relationship Word search



L	O	W	D	S	G	J	E	L	C
C	A	H	U	A	Q	V	P	A	O
R	W	U	S	Y	T	X	R	N	K
T	O	F	G	D	S	E	U	H	S
O	H	B	Z	H	M	G	I	O	E
G	A	E	S	C	I	S	A	D	T
E	N	X	L	Z	U	N	R	O	R
T	G	O	S	P	L	U	G	S	U
H	V	E	O	W	J	H	U	G	S
E	S	D	U	T	F	Y	E	P	T
R	C	X	F	U	N	S	H	I	D



	ARGUE
	CARE
	DATE
	FUN
	HELP
	HUGS
	LAUGHING
	LOVE
	TOGETHER
	TRUST



## How to join Croydon People First

### who can join?



- people with a **learning disability**
- you must be **over 18**
- you live or work in **Croydon**

### what do you get?



- a choice of **meetings** to come to
- a safe place to **speak up** and have a **voice**
- **meet** new people
- a regular **newsletter**
- information in **easy read**
- hear about **new projects**
- join our **private Facebook** group

### how to join?



- send us an **email** or **phone**
- **meet** up for a chat
- fill in a **form**
- **come** to a **meeting**

## contact us



07395 789 108



[info@croydonpeoplefirst.org.uk](mailto:info@croydonpeoplefirst.org.uk)



Croydon People First