



# Pre & Post Bereavement Support



**We support children and young people affected by cancer, life limiting illness or bereavement by providing:**

- **Early Support:** Offering advice if someone in your family has an illness such as cancer. This support can help in understanding the illness and the medical process.
- **Pre- Bereavement Support:** If you have someone in your family who is seriously ill we can provide you with emotional and practical support.
- **Bereavement Support:** Giving you the opportunity to share your experience of loss, explore your feelings, discuss strategies for coping, and celebrate the life of the person who has died.

For further information, or to refer, please email [info@jigsaw4u.org.uk](mailto:info@jigsaw4u.org.uk) or call us at:

**020 8687 1384**

[jigsaw4u.org.uk](http://jigsaw4u.org.uk)



Helping put the pieces  
**back together**

