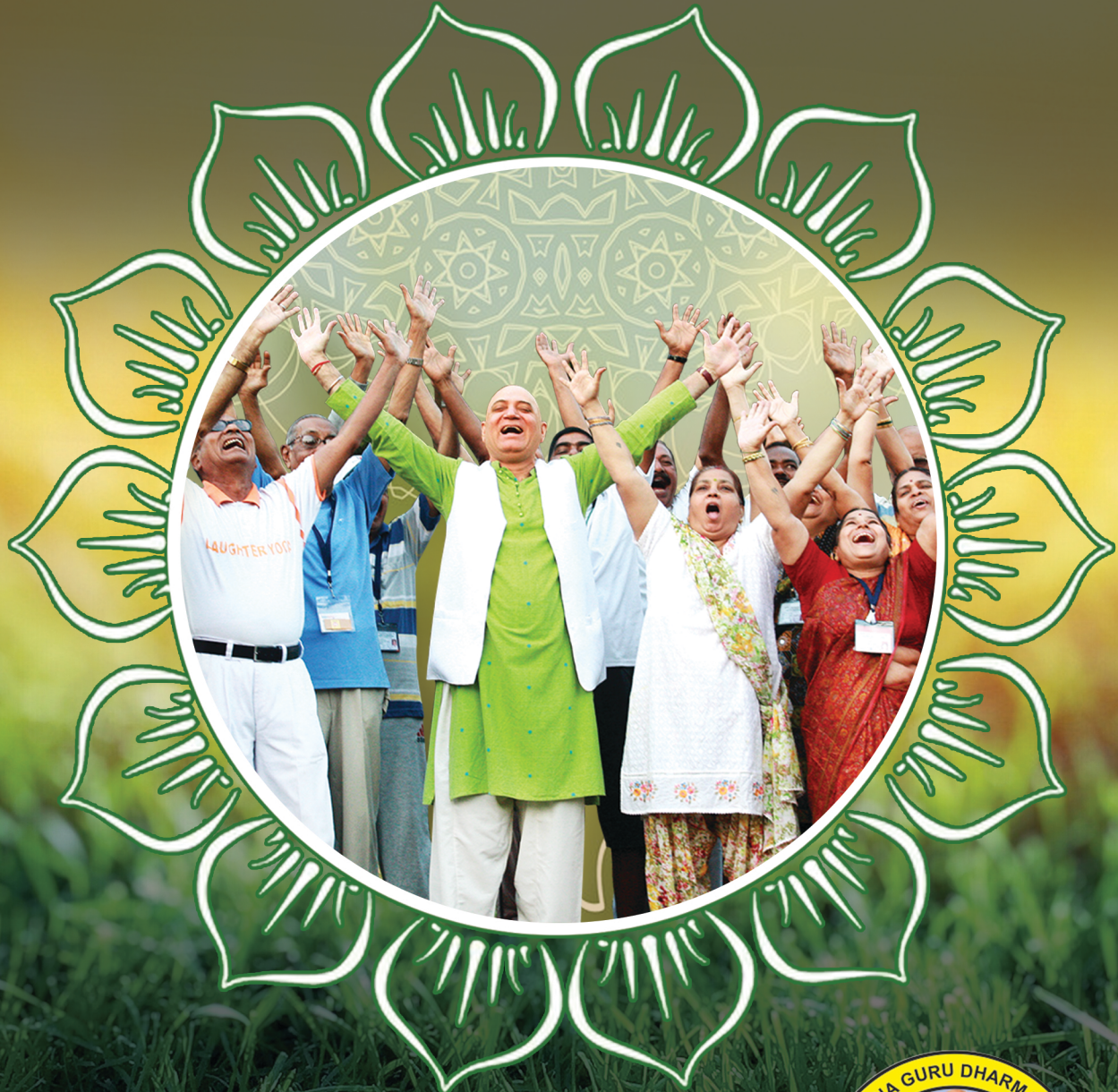




MANJU SHAHUL-HAMEED  
FOUNDATION

*For Mental Health*



*Laughter Yoga in partnership  
with Sree Narayana Guru  
Dharma Samajam UK*



Saturday 20th July 2019  
Time: 6 pm.

Venue: West Thornton Community Centre,  
731-735 London Road, Croydon, CR7 6AU.

Refreshments will be provided

**Contact:**

events@msfoundations.co.uk  
Manju 07985603089 or  
SNGDS UK - 07429947573

**Sponsored by**



**NATIONAL  
LOTTERY FUNDED**