**Local Community Partnerships in Croydon South West**

**30 March 2022 Meeting Notes**

Dear Colleagues,

Many thanks to all who joined the 5th session and contributed to the emerging

Community Action Plans for the Croydon South West locality (which includes the Purley, Purley Oaks, Woodcote, Riddlesdown, Kenley, Sanderstead, Coulsdon and Old Coulsdon communities). With special thanks to our host Kate Pawlowicz at [South East Cancer Help Centre (sechc.org.uk)](https://www.sechc.org.uk/) for this event, please find a record of our meeting below:

A graphic of the One Croydon Locality Model is attached and our emerging Local Community Action Plans will link into borough-wide plans.

This session is focused on initiating a Community Action Plan by and for this locality, see key actions from this meeting highlighted below. Our solution-orientated activity will provide insight for Commissioners and enable more transparent, joined up and effective commissioning in localities. We want to recognise, respect and build on the fine work that is already being done by existing partnerships in Croydon South West.

ACTION: Please find attached the first draft of a printable version of our Local Community Partnership South West activities- re-draft to follow

**Introducing Co-Chairs**

Our Local Community Partnership needs to be locally owned and represented so we are inviting Expressions of Interest from the partnership to stand as Co-Chairs in Croydon South West. Please see attached Role Description and Selection process.

We started our Community Plan on the key priority theme of **'Mental Health'** as identified at our last meeting. Using 3 questions to structure our discussion we started to identify key areas for actions:

***Question 1. Activities, assets and opportunities for people to support good Mental Health in this area (additional activities and information to those we've previously mapped) include:***

**St. Andrew's Church** Time2B Wellbeing outreach, held every Monday from 10am to 12noon and everyone is welcome. Time2B is a place where it is okay not to be okay with weekly mindful activities, refreshments, conversation and a quiet place available for reflection at St Andrew's Church, Woodmansterne Road, Coulsdon CR5 2DD. Contact Esther Foss on 0203 6201885 or [esterfoss79@gmail.com](mailto:esterfoss79@gmail.com).

**Priscilla’s Tea Room** [(11) Priscilla's Tea Room Sanderstead Coffee | Facebook](https://www.facebook.com/priscillastearoomsandersteadcoffee/) and [www.priscillastearoom.co.uk](http://www.priscillastearoom.co.uk/).

**Corner House Tea Room**[(11) Corner House Tea Room and Charity Boutique | Facebook](https://www.facebook.com/cornerhousetearoom) in Sanderstead Recreation. Social Enterprises, we get visitors with Alzheimer’s and dementia, people experiencing loneliness and depression, mums wanting to get back to work. All types of activities have started: friendship groups, crafting, gardening and reptile care! We’ve created spaces for communities and groups, mostly used by people with vulnerabilities, but we also have to be financially sustainable and need to access grants to support these activities. Contact Mandy Ashton and Tim  [priscillascic@gmail.com](mailto:priscillascic@gmail.com)

**Friends of Sanderstead Recreation Ground and Green Spaces** [(11) Friends of Sanderstead Recreation Ground and Green Spaces | Facebook](https://www.facebook.com/friendsofsandersteadrec/) is a great opportunity to get involved and engage in positive activities that improve the area as well as improving mental health of the participants with outdoor activities. Set up as developers were looking at the space as a possible development site. Now hosts butterfly project, litter picks etc. Contact Mandy and Tim, [priscillascic@gmail.com](mailto:priscillascic@gmail.com).

**AGE UK Croydon** Supporting people in later life with befriending, information and advice on care homes, benefits and personal safety. There are often no pavements in this area so we need volunteers to help people to get out, [Home | Age UK Croydon](https://www.ageuk.org.uk/croydon/).

**Healthwatch Croydon** we provide voice and representation on Health and Social Care services and have a Hub line for advice, T: [0300 012 0235](tel:03000120235), Contact Robin, [www.healthwatchcroydon.co.uk/](http://www.healthwatchcroydon.co.uk/)

**Patient Participation Group at Old Coulsdon Medical Practice**Host free groups/activities for people and their families and carers e.g. Sepsis Support Group held at South-East Cancer Help Centre every two months. Have helped carers to gain quality respite with significant impact for both,

*“I’ve got my beautiful wife back again”.*

**Social Prescribing Link Workers:**

Keston Medical Practice (KMP) Network: Melissa Cameron for Keston Medical Practice, Parkside Group Practice, The Moorings Medical Practice -  [melissa.cameron3@nhs.net](mailto:melissa.cameron3@nhs.net) 

Selsdon Park Medical Practice (SPMC) Health Primary Care Network (PCN): Woodcote Medical, Bramley Avenue Surgery, Old Coulsdon Medical Practise, The Selsdon Park Medical Practise, Mitchely Avenue Surgery [stephaniechampion@nhs.net](mailto:stephaniechampion@nhs.net).

**One Croydon Residents Group**Used to meet monthly and influenced the Personal Independence Co-ordinators (PIC) service adoption. The meetings just stopped and no one has responded to the residents letters. Contact Maureen Levy, [mcb.l@btinternet.com](mailto:mcb.l@btinternet.com)

**Croydon Drop-In** Walk in for young people (10- 25 yrs), free counselling service with advice and advocacy service for families. Talk Bus provides outreach and is in this locality once a month at Tesco Extra in Purley. Have a ‘Going Further, Going Higher’ initiative to support young people with agoraphobia, going into homes. Working with SLAM and CAMS using the Talk Bus as a safe place in the community. Would like to get the Talk Bus into Oasis, [﻿﻿​﻿﻿​​CDI - Croydon Drop In](http://croydondropin.org.uk/).

**Old Lodge Lane** **Baptist Church** (C/O James Moore) Youth provision is a key issue for this area, [Church | Purley | Croydon (ollbc.org.uk)](https://www.ollbc.org.uk/)

**Local Publications incl:**

Eardley Crescent Residents Association (ECRA) [﻿﻿​​﻿﻿​Welcome to ECRA - ECRA](http://ecra.london/)

[﻿﻿​​﻿﻿﻿Purley Pages - Purley, Surrey](http://purleypages.co.uk/)

[﻿﻿​﻿​CR5 Home - CR5](https://cr5.co.uk/)

**Job Centre Disability Advisor** Contact Maria-Luisa Vanegas, [maria-luisa.vanegas@dwp.gov.uk](mailto:maria-luisa.vanegas@dwp.gov.uk)

**Public Health Research**Six-month project looking to hear directly from communities, including the most vulnerable residents, to find out what's been working well. Data will support our Community Plans. Contact Oliver (Oli)) Clayton, [oliver.clayton@yearhere.org]oliver.clayton@yearhere.org

**Renewal Café, Purley Baptist Church**, 10.00-12.00 on Thursdays, [Purley Baptist Church : Renew 23 Cafe Nov 2020](https://purleybaptist.org/Articles/592976/Renew_23_Cafe.aspx" \t "_blank)

**Purley United Reformed Church**Welcome groups using their space, [Home Page - Purley United Reformed Church (purleyurc.org.uk)](https://purleyurc.org.uk/)

**One Croydon Locality Updates:** James Moore is CVA’s Community Facilitator and can be contacted on [James.Moore@cvalive.org.uk](mailto:James.Moore@cvalive.org.uk) to support the link-up between health and social care and the community.

**Communication** - we are sharing what support and activities are available on [Simply Connect Croydon - local services for local people](https://croydon.simplyconnect.uk/about-us). By*registering as a member with CVA you can advertise your services and activities; recruit volunteers and receive weekly newsletters about the amazing work across Croydon's Voluntary and Community Sector.  Complete this form to*[*register*](https://forms.office.com/Pages/ResponsePage.aspx?id=i9wEh43LkkWuUb66zissjxbd6yjvd-BNtAGY3IPHZtlUQktEWkFFRU0yREwyRUE5WUFBTUFQWk1MRSQlQCN0PWcu)*and our team of volunteers will do the rest.*

**Question 2. Outcomes for people with mental health difficulties include:**

* Improved health, well-being and happiness through **being better connected and less isolated**
* Improved health, well-being and happiness through **having greater access to opportunities as a result of better transport**
* Improved health, well-being and happiness **by having a greater sense of meaning and purpose in life** - be ‘doing with’ and not ‘done to’ – not being seen as a ‘service user’, but seen as a valuable and valued contributor in society, actively involved in the community
* Improved health, well-being and happiness **by having access to a wider range of opportunities through better funding** (Old Coulsdon Retirement Centre no longer funded, local CALAT closed)

*“Healthy, inclusive community where people have a sense of purpose”-*Human

Givens Approach

**Question 3. These outcomes could be achieved by:**

* Sharing stories of what does work and what is strong.

* Better communication on what support and activities people can access locally.

First draft of a printable version of our Local Community Partnership South West attached- please feedback additions and revisions for next version.

* Providing affordable/free transport schemes for vulnerable people.

* Volunteers supported to help get people out and into community life.

* Valued community activity needs to be sustained. Access to local funding for trusted groups that do so much with small amounts of public money.

* Hosting meaningful engagement, involvement with purpose.

Many thanks to each of you for contributing to these emerging Community Action Plans. An excellent start has been made and we are keen to build on this, using local knowledge and expertise to develop detailed Community Plans for the South-West Locality. So, please save the date for our next quarterly partnership meeting on **Wednesday 29th June 2022**which will be held in person. Local venue to be confirmed (suggestions most welcome). Please do spread the word and invite others to join the Local Community Partnership in Croydon South-West.

Warm wishes - Sarah and Andrew

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CVA Resource Centre

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