





New Care To Listen-run service launching early 2022: IAPT Multi Ethnic Counselling Service (MECS)

From February 2022 Care To Listen will be running a new mental health service in Croydon.

The new Croydon Multi Ethnic Counselling Service is being introduced by Croydon IAPT (SLaM) to replicate provision in Southwark and Lambeth. Care To Listen were recently awarded the contract to run the MEC service from next year, alongside the IAPT counselling service which we have provided for Croydon IAPT since 2016. Care To Listen also runs a well-established low cost counselling service, in operation since 2007.

Croydon has one of the most diverse populations of any London borough and we are committed to working to ensure that our service is as accessible and diverse as possible. The numbers of clients seen each year by the new MECS are relatively small. However, the service is an important part of our efforts to make sure that those most in need of therapeutic support in Croydon receive the help they require.

We are seeking applications from counsellors from a range of backgrounds who are able to offer counselling in languages other than English.

The languages we are currently recruiting roster counsellors to work in are:

- Farsi
- Albanian
- Arabic
- Kurdish
- Tamil
- Bengali
- Urdu
- Russian
- Spanish
- Portuguese
- Gujurati
- French
- Turkish
- Malayalam
- Polish
- Pashto
- Dari







What we need:

- Qualified and effective counsellors who are willing to be on our roster of counsellors, taking on a small number of clients per year depending on demand
- Counsellors who are happy to work in one of the above languages for around 9 sessions - with some clients requiring more sessions than this
- Counsellors who live or work in Croydon or nearby and can work face-to-face at our offices in Addiscombe (although there may be scope for some online counselling work)
- Counsellors who are able to offer 9-18 sessions on an occasional basis we will encourage clients to be as flexible as possible with their availability in order to fit in with your availability
- Counsellors who are able to work in a short-term, goal-focussed and risk-aware way with a diverse range of presentations
- Counsellors who can communicate well with our team of administrative and clinical support staff
- o Counsellors who have their own personal supervision and insurance in place

What we offer:

- o Induction programme and training
- Sessional payment from £25 per session
- Professional development including CPD and networking opportunities
- Experience of NHS IAPT work
- Opportunity to contribute to social value with a well-established community-based counselling service
- Administrative support to input IAPT records
- Individual clinical supervision equivalent to 1.5 hours per client (usually in 2 45 minute sessions via Teams or in-person)
- Clinical support on the days you are working with our clients

Next steps:

- Email if you are interested in applying: recruitment@caretolisten.co.uk
- We will send you an application form and some more information about the service
- Once you have returned your application form to us, if we think you would be a good match we will invite you to interview
- o If successful we will invite you to join our team

For more information about Care To Listen please visit: www.caretolisten.co.uk