The 'shop and talk' service for older people living in Thornton Heath

This shopping bus service helps older people (60+) living in Thornton Heath to shop and socialise with their peers, every Monday morning. This is a door-to-door service, from people's homes to ASDA in Purley and back. After the shopping, we socialise over **free** tea/coffee/cake/fruit, before



travelling back home.

At present, we can pick up from post codes CR7 (anywhere) and CR0 (Broad Green area only) and those who have used the service really enjoy the experience

"The bus is convenient, my daughter thinks it's a good service as you help me get what I need. I feel I'm independent now and don't have to ask my daughter [to take me shopping] all the time" tells us one, as one shopper explained.

We welcome older people with a disability, as long as they are accompanied (at no extra charge).

Booking on Tuesdays or Wednesdays is essential to join on the following Monday. Please contact:

Anna D'Agostino Community Development Worker Croydon BME Forum Tel: 020 8684 3719 anna@bmeforum.org