

## Single parent or carer? We got you!





## DO YOU WANT HELP WITH:

- BENEFITS ADVICE
- EMPLOYABILITY
- MENTAL HEALTH AND WELL-BEING
- TAILORED SUPPORT AND GENERAL ADVICE

## SIGN UP NOW TO RECIEVE:

- PERSONAL DEVELOPMENT SUPPORT INCLUDING FINANCIAL LITERACY
- TAILORED EMPLOYABILITY SUPPORT
- 1-1 SUPPORT
- AND LOTS MORE!

Please email

project@jagsfoundation.org
to sign-up and for more
information





