

Eat out Together



### **Overview**

Start It Right is looking to provide exciting and challenging initiatives for young people to enable them to use their voice and experience to enrich the world around them.

'Eat out together' is a chance for our young people to show off their cooking, hosting, and budgeting/monetary skills. Equally as important as being able to win prizes for becoming the ultimate chef!!!!

With the support of dedicated and passionate youth workers and volunteers, we aspire to achieve a collaborative network of programmes. This is so we can reach more young people locally and instil in them visions of happy and healthy futures.

## What is 'Eating out together'?

Eight young people (In pairs of two from each organisation) take turns hosting what they consider to be the ultimate dinner party. The guests give them points, and at the end of the competition, the winner will walk away with prizes!!

## What does the winner get?

The winners will receive a £50 cash voucher and a Flipout ticket each.

# **Specification?**

Your staff need to be able to .....

- **Respond to the email** by Friday 14th January 2022 at 5pm
- Attend all four other dinner parties
- Support and encourage the young people
- Film their young people food shopping

Young people need to .....

- Submit an entry video by Tuesday 1st February 2022 at 5pm
- Be between the ages of **12-16yrs**
- **Two young people** must represent from each organisation
- Have consent to be recorded/filmed/photos
- Attend all four other dinner parties
- Prepared to **shop** for items.



#### <u>Milestones</u>

#### **1. Selection & Entry video**

Each organisation will send in a video of their two young people to represent their youth group. The video needs to include, stating their names, organisation, their signature dish (or what they like to eat/cook), why they have entered and a tour of their site. Entries will need to be **submitted by 1st February 5pm**. How the young people are chosen is down to the organisation, but we suggest making it as fun and interesting as possible. Suggestion:

- Create your own cooking competition and the winner join Start It Right
- Youth leaders of your create a series of games to eliminate contenders
- First come first entry bases
- Social media post of their favourite foods and other young people vote

### 2. Hosting night

Host one ultimate dinner party either at their organisation (Providing they have appropriate cooking facilities) or at Old Town centre. Young people will have a budget given to them of £80 to purchase cooking ingredients and to theme their party. Each dinner will cater for 8 people, two that will be hosting the dinner and six other young people (four different organisations will have two young people each). The £80 budget needs to cover the cost of food and drinks, all decorations and games to host the night. This meal needs to have a **main course and dessert**. and More details will be provided in the 'Congratulations email' if your youth group/organisation.

### 3. Consent Forms

Once you have selected two young people to represent your youth group/organisation, the young people need to have their consent forms signed by their legal guardians to confirm that they are able to attend the different locations (the locations will be confirmed once we have chosen which organisations have been successful in their application). The consent forms will be sent in your 'congratulations email'.

#### 4. Agreement

Each youth group/organisation will need a staff member to support the two young people to attend the three external locations as well as a trip to the local supermarket. This staff member will provide support and encouragement to the young people, but cannot help them to cook the meals. The young people participating in the competition need to be able to attend all four dates; **3rd, 10th, 17th & 24th March 2022, between 5-7pm**, people who are hosting will need longer as they will be cooking. More T&C will be provided in the 'congratulations email'.

#### Key Dates

14th Jan - Submit email respond
21st Jan - Announcement of successful organisations
24th Jan - Zoom Q&A meeting
1st Feb - Submit video entry
24th Feb - Submit shopping video and menu choice
3rd, 10th, 17th & 24th March 2022, between 5-7pm - Competition dates (Locations TBC)

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