

Young Person Mentor

Are you able to show empathy, maintain boundaries, offer guidance and enable individuals that have experienced upheaval and trauma to move on in their lives?

As a Young Person Mentor, you will provide guidance and support to individuals that are in the process of taking on new challenges.

The individuals in need of support will each have their own experiences but all will be aged between 16-25 and will have been receiving intensive support from CAYSH. CAYSH is a South London charity that provides safe homes and support for young people to reach the potential and are working in partnership with CVA.

We are looking for Mentors who can take time on a weekly/fortnightly basis to provide support as the young person takes their place in the world of work and deals with new challenges and responsibilities. This may involve helping them stick to new schedules, to support them as they develop new relationships in the workplace, helping them to find support and training as well as offering emotional support.

Ideal for individuals interested in carrying out supportive roles, those with an interest in providing real hands-on support to young people who are trying to make changes in their lives and those with an interest in community-based services.

Naturally, Covid 19 has changed the nature of this project. Mentoring relationship will now be expected to be carried out online via Zoom or Whatsapp video call. The current situation may also have affected the young person's progress into an independent life perhaps affecting their employment status or housing options. Mentors, with support from the project coordinator, will have a key role in supporting young people to work through these issues both practically and emotionally.

Key tasks are to:

- Work with the client to support them to achieve their goals
- Establish and maintain contact with the client throughout the relationship
- Complete supporting documentation and end of support report for each client seen
- Support clients to engage with new activities or training
- Attend meetings with the client (as and when under a mutual agreement)
- Be self-motivated and use your initiative
- Maintain confidentiality and professional boundaries at all times
- Attend training, three-way review meetings and support sessions
- Volunteers will be required to:
 - Complete an application form (online or hard copy)
 - Take part in a face to face interview (online or social distancing)



- Complete online training
- Undertake a DBS

It is important to this work, that volunteers anticipate being able to meet a minimum commitment of six months and adhere to a regular attendance of at least ½ a day per week.

[Apply here](#)